

20 May 2024  
ASt/MCa/ept

Dear Parents and Carers of Year 5

You will be aware that as a part of your child's educational experience, we aim to promote personal wellbeing and development through a taught programme of Personal, Social, Health and Economic (PSHE) education. This gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

At King's Oak Academy, we teach pupils this through the JIGSAW curriculum. During Term 6 we will be covering a range of Relationships and Sex Education (RSE) topics with the pupils as required by the curriculum. This letter is to inform you of the areas that your child's Year group will be covering and the day of the week these are expected to be taught. The intention is to allow you the opportunity to discuss these areas with your child prior to their learning if you wish and/or to prepare you for any questions that your child may come home with about topics discussed that day.

### UPDATE

**Due to the Science curriculum aligning closely with the PSHE curriculum in Term 6 there are some slight changes to when the lessons will be taught to your child.**

**The lessons are outlined below with the week/day that these lessons will be taught. We hope that you find this information useful and that it will help you to support your child in this learning if you would like to have your own conversations about some of the topics covered prior to the learning happening in school.**

If you have any questions or concerns at any point, please contact the teaching team, Miss Southcott or Mrs Watts.

Thank you for your continued support.

Kind Regards



Miss Southcott  
Class Teacher



Mrs Watts  
Head of Middle School

**PSHE and Science Learning Term 6**

Week/Day of lesson	Year 5		
	Term 6 Pieces	PSHE Learning Intention	Social and Emotional development Learning Intention
Week commencing 3 June - Monday and Tuesday	Puberty for Girls	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally. (Health Education)	I understand that puberty is a natural process that happens to everybody and that it will be ok for me.
Week commencing 3 June - Wednesday	Self and Body Image	I am aware of my own self-image and how my body image fits into that.	I know how to develop my own self esteem.
Week commencing 10 June - Monday and Tuesday	Puberty for Boys	I can describe how boys' and girls' bodies change during puberty. (Health Education)	I can express how I feel about the changes that will happen to me during puberty.
Week commencing 17 June - Monday and Tuesday	Conception	I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby. (Non-Statutory)	I appreciate how amazing it is that human bodies can reproduce in these ways.
Week commencing 17 June - Wednesday	Looking Ahead 1	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities. (Age of Consent)	I am confident that I can cope with the changes that growing up will bring.
Week commencing 24 June - Wednesday	Looking Ahead 2	I can identify what I am looking forward to when I move to my next class.	I can start to think about changes I will make next year and know how to go about this.

Further guidance and curriculum information is available on our website:

<https://kingsoakacademy.clf.uk/learning/all-through-curriculum/>



**WORK HARD, BE KIND**

PRINCIPAL: MISS K OGDEN | CEO: MR STEVE TAYLOR |  
 ADDRESS: KING'S OAK ACADEMY, BROOK ROAD, KINGSWOOD, BRISTOL BS15 4JT  
 EMAIL: KOA.PRINCIPAL@CLF.UK | WEBSITE: WWW.KINGSOAKACADEMY.CLF.UK

LOWER SCHOOL: 01179 927 129 | MIDDLE SCHOOL: 01179 927 128 | UPPER SCHOOL: 01179 927127  
 KOA.LowerSchool@clf.uk | KOA.MiddleSchool@clf.uk | KOA.UpperSchool@clf.uk