

13 March 2023
ASt/Apr

Dear Parents/Carers of Year 3

You will be aware that, as a part of your child's educational experience at King's Oak Academy, we aim to promote personal wellbeing and development through a taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

At King's Oak Academy we teach pupils this through the JIGSAW curriculum. During Terms 5 and 6 we will be covering a range of Relationships and Sex Education (RSE) topics with the pupils as required by the curriculum. This letter is to inform you of the areas that your child's year group will be covering and the day/s of the week these are expected to be taught. The intent is to allow you the opportunity to discuss these areas with your child prior to their learning if you wish and/or to prepare you for any questions that your child may come home with about topics discussed that day.

Enclosed is a copy of your child's lesson titles and learning intentions that will be covered in Jigsaw lessons during Terms 5 and 6 on Monday's.

If you have any questions or concerns at any point, please contact the teaching team, Miss Southcott or Miss Cerepanova.

Thank you for your continued support.

Kind Regards



Miss Southcott
Class Teacher



Miss Cerepanova
Head of Lower School

WORK HARD, BE KIND

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Your child's year group will be doing these lessons on a Monday.

Term 5		
Pieces	PSHE Learning intention	Social and emotional development learning intention
1. Family Roles and Responsibilities	I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females.	I can describe how taking some responsibility in my family makes me feel.
2. Friendship	I can identify and put into practice some of the skills of friendship eg. taking turns, being a good listener	I know how to negotiate in conflict situations to try to find a win-win solution.
3. Keeping Myself Safe Online	I know and can use some strategies for keeping myself safe online.	I know who to ask for help if I am worried or concerned about anything online.
4. Being a Global Citizen 1	I can explain how some of the actions and work of people around the world help and influence my life.	I can show an awareness of how this could affect my choices.
5. Being a Global Citizen	I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.	I can empathise with children whose lives are different to mine and appreciate what I may learn from them.
6. Celebrating My Web of Relationships	I know how to express my appreciation to my friends and family.	I enjoy being part of a family and friendship groups.

TERM 6		
Pieces	PSHE Learning intention	Social and emotional development learning intention
1. How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby.	I can express how I feel when I see babies or baby animals.
2. Babies	I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow.	I can express how I might feel if I had a new baby in my family.

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3. Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process.	I recognise how I feel about these changes happening to me and know how to cope with those feelings.
4. Inside Body Changes	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.	I recognise how I feel about these changes happening to me and know how to cope with these feelings.
5. Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles.	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.
6. Looking Ahead	identify what I am looking forward to when I move to my next class.	I can start to think about changes I will make next year and know how to go about this.

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