

13 March 2023

ASt/Apr

Dear Parents/Carers of Year 1

You will be aware that, as a part of your child's educational experience at King's Oak Academy, we aim to promote personal wellbeing and development through a taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

At King's Oak Academy we teach pupils this through the JIGSAW curriculum. During Terms 5 and 6 we will be covering a range of Relationships and Sex Education (RSE) topics with the pupils as required by the curriculum. This letter is to inform you of the areas that your child's year group will be covering and the day/s of the week these are expected to be taught. The intent is to allow you the opportunity to discuss these areas with your child prior to their learning if you wish and/or to prepare you for any questions that your child may come home with about topics discussed that day.

Enclosed is a copy of your child's lesson titles and learning intentions that will be covered in Jigsaw lessons during Terms 5 and 6 on Monday's.

If you have any questions or concerns at any point, please contact the teaching team, Miss Southcott or Miss Cerepanova.

Thank you for your continued support,

Kind Regards



Miss Southcott
Class Teacher



Miss Cerepanova
Head of Lower School

WORK HARD, BE KIND

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Your child's Year group will be doing these lessons on Monday

Term 5 Pieces	PSHE Learning Intention	Social and Emotional development Learning Intention
1. Families	I can identify the members of my family and understand that there are lots of different types of families.	I know how it feels to belong to family and care about the people who are important to me.
2. Making Friends	I can identify what being a good friend means to me.	I know how to make a new friend.
3. Greetings	I know appropriate ways of physical contact to greet my friends and know which ways I prefer.	I can recognise which forms of physical contact are acceptable and unacceptable to me.
4. People who Help us	I know who can help me in my school community.	I know when I need help and know how to ask for it.
5. Being my own best friend	I can recognise my qualities as a person and friend.	I know ways to praise myself.
6. Celebrating my special friendships	I can tell you why I appreciate someone who is special to me.	I can express how I feel about them.
Term 6 Pieces		
1. Life cycles	I am starting to understand the life cycles of animals and humans.	I understand that changes happen as we grow and that this is OK.
2. Changing me	I can tell you some of the things about me that have changed and some things about me that have stayed the same.	I know that changes are OK and that sometimes they will happen whether I want them to or not.
3. My changing body	I can tell you how my body has changed since I was a baby.	I understand that growing up is natural and everyone grows at different rates.
4. Boy's and Girl's bodies	I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva and anus.	I respect my body and understand which parts are private.
5. Learning and growing	I understand that every time I learn something new I change a little bit.	I enjoy learning new things.
6. Coping with changes	I can tell you about changes that have happened in my life.	I know some ways to cope with changes.

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