

# Support for Young People in South Glos

## Something on your mind?

Call the School Health Nursing Team and have a confidential chat on:

**01454 862 441**

These phone lines will run until further notice, and will be staffed from 9am to 4pm, Monday to Friday. For health information and advice about coronavirus, please go to the [NHS 111 website](#) in the first instance.



**Emotional Health**  
Anxiety/Low Mood



**Healthy Eating/**  
Lifestyle



**Anger, Family Concerns**  
Domestic Abuse



**Dental Health.**



**LGBTQA**  
Relationships & Sexual Health  
Friendships/Bullying



**Sleep**



**Continence**



**Physical Health**



**Drugs, Alcohol & Smoking**

Further Support:

<https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/bristol-south-gloucestershire>

<https://www.otrbristol.org.uk>



Community Children's  
Health Partnership

**NHS**