

Brook

Healthy
lives for
young people



Your free and confidential
sexual health and
wellbeing experts





Be Informed.
Be Safe.
Be In Control.

Brook is part of Unity, a partnership with the NHS and other organisations that lead in their fields to meet the sexual health needs of Bristol, North Somerset and South Gloucestershire.

To find out about all the services available in your area, go to the Unity website linked below



www.unitysexualhealth.co.uk

Tel: 0117 342 6900



To make sure you're protecting yourself and others from Covid-19, now is not a safe time to be having sex with new people or with partners that you do not live with. However, if you do need to access sexual health services during this time, please do not delay. Brook clinics are still open for appointments and our friendly staff will not judge you or report you.



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Provided by:



University Hospitals Bristol
NHS Foundation Trust

We are here to listen, brook not to tell.

At Brook we offer a confidential service. This means that we do not talk about your visit to anyone outside Brook without your permission unless you are at risk or in serious danger. If you have any worries or questions about confidentiality, don't hesitate to ask us.

www.unitysexualhealth.co.uk

In partnership with:



Sexual Health Services for the Under 20s

30th April 2020

Our clinic remains OPEN and we are running an appointment based service including telephone consultations and postal services for contraception.

To book and speak with one of our team:

CALL: 0117 929 0090

Mon-Thurs 12-7 Fri-Sat 12-5

We are available and offering:

- ✓ STI testing & treatment
- ✓ Condoms
- ✓ Contraception
- ✓ Emergency contraception
- ✓ Pregnancy testing

Information and support on:

- ✓ Relationships
- ✓ Sexuality & Identity
- ✓ Safer Sex
- ✓ Dating during COVID
- ✓ Online/Digital Safety

For more information visit us at:

www.brook.org.uk and www.unitysexualhealth.co.uk

Brook 1:1 Support for young people aged 11-19 years

Do you have questions, concerns or just curious about things like;

- ✓ Puberty
- ✓ Online safety
- ✓ Gender and sexuality
- ✓ Sexual readiness/ peer pressure
- ✓ Relationship issues – unhealthy relationships and consent
- ✓ Risky sexual behaviour and safer sex



For information and support ring Brook 0117 9290090

Brook Bristol Clinic

The Station, Broadmead (near Laser Quest and Primark)



Mon-Thurs 12-7pm, Fri and Sat 12-5pm

**Tel: 0119 9290090 Telephone first to book
an appointment due to Covid-19.**