

King's Oak Academy: Parent Update



Dear Parents and Carers,

The last 3 weeks have been very special for staff and our children who have come back together again after a period of living and learning in a virtual world. We are very proud of how our students have **worked hard** in their learning and **been kind** to each other whilst they readjusted to on-site learning and socialising. I would like to thank you for your support and for working positively with our teachers to get through a challenging start to 2021; I hope that your child continues to have a successful final week of term before enjoying a restful spring break.

As we return to a sense of 'normal school life', please see below for a series of updates and information items for the final week of term. Please be aware Term 4 finishes on Thursday 1 April and Term 5 starts on Monday 19 April.

I hope that you and your family have a restful weekend. See you again on Monday!

Kind regards

Katherine Ogden

Principal

Brook Road & Parking

As you are aware, a barrier on Brook Road was put in place at the beginning and end of the academic day, this is to reduce traffic and keep children of the academy safe as they arrive/leave each day. The barrier will be in place in the morning between 08:25am – 08:50am and again at the end of day 15:00-15:30pm. During these times, cars are not able to enter or leave Brook Road.

We have received some complaints for the local residents concerning parking in the community. Whilst we will continue to work with the local authority and neighbours to improve travel and access arrangements at King's Oak, please may we take this opportunity to remind parents to be considerate towards our neighbours when parking cars to drop off/collect children and to avoid parking across driveways, crossings or blocking roads.

Parent Sessions: Mental Health

Over the course of Term 5 Mrs Baker and Mrs Walbridge (KOA Mental Health Leads) will be offering some Mental Health workshops for Parents to support their children at home. If you would like to attend these Teams sessions please let the school office know.



Helping your child get back into a morning routine

We know that for quite a few of our children, the return to school has caused some disruption to their lockdown sleeping patterns and morning routines. To help prepare your child for the final week of onsite learning, Mrs Baker has some tips and advice for parents who might be finding that their child is having some difficulty adjusting to the back to school routines:



Sleep is essential to support children's development; it helps children to grow, to concentrate and to remember things. Well rested children are more able to meet their full potential in every aspect of their lives.

Some more bedtime routine tips

- Make sure bedtime is realistic, if your child isn't falling asleep until 1pm there is no point starting a routine at 9pm
- Turn off all screens in the hour before bedtime
- Get ready for bed in the same order
- Wake them up at the same time each morning to help strengthen their sleep-wake cycle
- Make some darkness to promote melatonin

Remember the clocks go forward on Sunday 29 March.

Extra-Curricular Clubs

Please see below for a reminder about the clubs that are on next week. The Term 5 schedule will be shared in the end of term newsletter

KOA Sport Clubs (Term 4)



Day	Year Group	Activity (Staff Member)	Location
Monday	8 9 11	Football (AHH) Table Tennis (AMA) BTEC Sport/CNAT P6 (SHY/JCR)	Astro Gym 1 E13/E14
Tuesday	7/11 8 10	Football (CNN/JCR) Table Tennis (NWR) BTEC Sport P6 (SHY,AHH)	Astro Gym 1 E13/E14
Wednesday	7/8/9/10/11 9 10	Netball (SHY/ESE) Football (AHH) BTEC Sport P6 (JCR)	Netball Courts Astro E14
Thursday	10 7	Football (JCR) Rounders (ESE)	Astro Astro



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Physical or verbal abuse towards staff

A zero tolerance policy towards violence and aggression is expected throughout public services. At King's Oak Academy, we have a duty of care for all our employees, including employees who are working alone or outside the vicinity of the school.

We believe that all parents and children have the right to be heard, understood and respected and we believe that our staff have the same rights. Please be reminded that we will not tolerate any form of violent, threatening or aggressive behaviour towards staff. If you have any questions or concerns with regards to this matter please email koaprincipal@clf.uk

**WORK
HARD
BE
KIND**

Uniform

With spring on its way and the weather warming up and Lockdown 3 now easing we would like to take the opportunity to remind you of our clear uniform expectations. **(Uniform policy pg. 2-4).**

- Navy v-necked jumper with school logo
- White collared shirt (Y7-9) / Pale blue collared shirt (Y10-11)
- Red tie with appropriate House colour stripe
- Plain black tailored trousers or plain black skirt (knee length and no stretch)
- Plain black shoes / trainers (no additional colours on the shoes)
- Plain black socks

Update:

From Monday 29th March students will be expected to remove their coats / outdoor wear inside the building, this includes zipped jackets.

From Monday 19th March (after Easter), hoodies or zip up hoodies will not be allowed to be worn on the school site. Please encourage your child to wear their school jumper (and a coat if required). If your child wears a hoody/zip up hoody to school they will be collected and stored in Student Reception. Your child will be able to collect the hoody/zip up hoody from Reception at the end of the academy day.

King's Oak Academy has Twitter & Instagram

We have recently refreshed our Twitter page which we use to share updates throughout the academy day, please take a look and follow! **@kingsoakacademy**. Next week we will be launching our Instagram page where we will share news and photographs of the brilliant learning/achievements that take place each day in our academy!

