

# Friends of King's Oak Colour Run 2024

Mar 2024

Dear Parents/Carers,

This year, the Friends of King's Oak are excited to be holding our first WHOLE SCHOOL COLOUR RUN. The event will take place on Saturday 27th April from 11.45am until approx. 3.30pm.

The day will start with a race for students with siblings under 4 and will end with an opportunity for teachers, staff and any other adults that want to run. We are also inviting Year 6 students from other schools, who will be joining us for year 7 in September.

The cost to enter is £6 per child. This will cover the cost of a white t-shirt, a medal and certificate. All entrants will also have the option to raise additional sponsorship. Any monies raised through sponsorship will go directly back to the students own year group.

For any students not wanting to take part in the actual 'run', there will still be plenty of opportunity to get involved, by cheering on their friends and teachers or by helping to throw the paint powders.

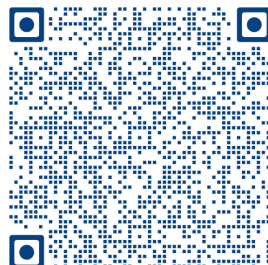
Registrations are now open and will close at 8pm on [Friday 19th April](#).

It's sure to be a fun day!

To sign up, go to <https://sites.google.com/view/friendsofkingsoakbristol/events/whole-school-colour-run-april-2024>, scan the QR code below or complete the attached form.

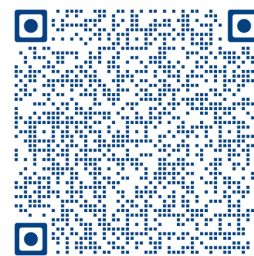
Kind regards

The Friends of King's Oak





# Friends of King's Oak Colour Run 2024 Registration Form



I give permission for my child \_\_\_\_\_ in class \_\_\_\_\_ to take part in the colour run on Saturday 27th April 2024  
YES/NO (please indicate)

Emergency Contact Details for above child: Name \_\_\_\_\_ Phone No. \_\_\_\_\_

Do you give permission for your child to be photographed? These photos will be used on the Friends of KOA website and Social Media.  
YES/NO (Please indicate)

*(If you select no, your child will be provided with a wrist band to wear at the event to allow us to easily identify those who cannot appear in photographs).*

Your child will be provided with a white t-shirt to wear at the end of the school day on the afternoon of the event. Please indicate your preferred size:  
3-4 (26") \_\_\_ 5-6 (28") \_\_\_ 7-8 (30") \_\_\_ 9-11 (32") \_\_\_ 12-13 (34") \_\_\_ 14-15 (36") \_\_\_  
Medium (38/40") \_\_\_ Large (41/43") \_\_\_ X-Large (44/46") \_\_\_

Does your child have any medical conditions that we need to be made aware of?  
YES/NO Please give details: \_\_\_\_\_

So that we can match bank payments, we ask that you use a reference in the format Year and class initial, followed by your child's name (for example: "Y4R LSmith" - Year 4, Redwood Class, L Smith).

Please confirm the reference used for paying in entry/sponsorship \_\_\_\_\_

Bank details:  
Friends of King's Oak  
35773660  
30-99-50

I would like to volunteer as a helper on one of the official colour stations for my child's race  
YES/NO (please indicate)

If you answered yes to helping to throw the paint on a colour station, would you like to order a white t-shirt at the additional cost of £3?

Please select size from the list below and ensure payment is sent to the bank account as detailed above.  
S - 35/37" \_\_\_ M 38/40" \_\_\_ L 41/43" \_\_\_ XL 44/46" \_\_\_ 2XL 47/49" \_\_\_ 3XL 50/52" \_\_\_  
4XL 53/55" \_\_\_ 5XL 56/58" \_\_\_

I confirm I have paid the registration fee of £6 (and £3 for adult t-shirt, if ordered)  
YES/NO (please indicate).

*(Please note: registration is not complete until the entry fee has been paid)*

Signed \_\_\_\_\_



# COLOUR RUN SPONSORSHIP FORM

## Saturday 27th April 2024

PLEASE SPONSOR ME (NAME OF CHILD) \_\_\_\_\_ CLASS \_\_\_\_\_

SPONSORSHIP MONEY CAN BE PAID IN ONLINE INTO THE **FRIENDS OF KING'S OAK** BANK ACCOUNT. SORT CODE: **30-99-50** ACCOUNT: **35773660**

SO THAT WE CAN MATCH BANK PAYMENTS, WE ASK THAT YOU USE A REFERENCE IN THE FORMAT, YEAR AND CLASS INITIAL, FOLLOWED BY YOUR CHILD'S NAME (FOR EXAMPLE: "Y4R LSMITH" = YEAR 4, REDWOOD CLASS, L SMITH). PLEASE CONFIRM THE REFERENCE YOU WILL USE ON YOUR PERMISSION FORM. ALTERNATIVELY, WE WILL ALSO BE ACCEPTING CASH/CARD PAYMENTS AT THE EVENT.

**PLEASE ENSURE ALL SPONSORSHIP MONEY IS PAID BY FRIDAY 10TH MAY.**

No	Sponsor's Full Name (First name & surname)	Sponsor's Home address (including postcode) Only needed if are Gift Aiding your donation. Don't give your work address if you are Gift Aiding your donation	Donation Amount £	Date Paid	Gift Aid? '✓'
1					
2					
3					
4					
5					
6					
8					
7					
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10					
11					
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### Gift Aid Declaration - Please Read

If I have ticked the box headed 'Gift Aid? ✓', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity named above to reclaim tax on my donation, given on the date shown. I understand that if I pay less Income Tax / or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given. **Remember:** You must provide your full name, home address, postcode & tick the Gift Aid box for the charity or CASC to claim tax back on your donation.



# Friends of King's Oak Colour Run 2024 FAQ's

## **When/Where is the event being held?**

Saturday 27th April 2024 from 11.45 am  
King's Oak Academy Lower School playing fields (entry accessed via KS2 playground).

## **What if it rains?**

The event will go ahead come rain or shine!

## **What time will it start?**

The gates to the field will open at 11.45am. The runs will be completed one year group at a time, starting from 12pm. The day will start with a sibling run and end with a teacher/adult run, where the children can get involved and 'get the teachers' with paint.

## **What is a Sibling Run?**

This is a chance for any students with a sibling age 4 and under to run with their little brother or sister. They are then welcome to run again with their year group.

## **Who is welcome to attend the event?**

You will need to return the permission slip and pay the £6 entry fee by Friday 19th April in order for your child to take part in the colour run.

If your child is attending the event, they will need to be accompanied by an adult. Other parents/carers are welcome to come and cheer the children on. We will be asking for volunteers to help man the official colour stations (if you feel this is something you would like to do, please indicate this on the entry/permission form). Please feel free to bring along a picnic blanket to sit on between races.

## **Does my child need to get sponsorship?**

Your child will be provided with a sponsorship form, and we would be grateful for any sponsorship raised however it is not required. We would encourage your child to raise as much sponsorship as they feel they can as all funds raised will go directly back to their own year group. Details about how/when to pay in sponsorship money will be given on the form provided.

## **My child will be away on the day of the event, can we still fundraise?**

Yes please! You can complete the sponsor form in the same way and return your money prior to the event. All fund raised go towards supporting the school.

## **How will the event run?**

The runs will start with children running through sprinklers to get them wet enough for the paints to 'take,' then there will be a colour station every 50m along the 400m track where volunteers will throw coloured powders over them as they pass by. Parents will have the opportunity to purchase additional powders to throw over their children as they pass by.

### **Does my child have to run?**

We want to make this event as inclusive as possible, so that all the pupils can get involved and enjoy themselves. Your child is welcome to complete the course at whatever speed and pace they are comfortable with, be it running, walking, skipping, jogging, wheeling or even dancing their way around the 400m course (please bear in mind that the coloured powder will cover wheelchairs etc and we cannot accept responsibility for the cleaning of these).

If the full 400m is too much, children can of course complete a smaller section of the course (we will have colour stations at every 50m along the way, so they will still get the full experience). We just want the children to enjoy the event and have fun doing it!

### **Is the run timed?**

No, this is not a race and will not be timed. There will be no 'winner' but every child will receive a medal and certificate for taking part in the event.

### **What should my child wear?**

All children who have returned a permission slip and paid the entry fee will be given a white t-shirt to wear for the event, these will be given out during the week prior to the event. There will also be a collection point for collecting on the day.

Children should wear suitable footwear and bottoms; **although the coloured powder will come off, we would recommend dressing your child in something that you do not mind getting messy, including shoes.** The colour should wash out after the event, but we do not take responsibility for any costs associated with the removal of colour.

### **Is the colour harmful?**

We will be using Holi colour powders, which are non-toxic, non-flammable, easy to clean and made from vegetable and food grade dyes.

Whilst we will make every effort to aim the colour powders between shoulder and hip level, children would also be advised to wear sunglasses/goggles to protect their eyes as the throwing of the powders will cause clouds of colour and children will inevitably end up with colour on their faces/hair.

There will be first aid support at the event, should any child need to wash their eyes etc.

### **Will the coloured powder harm the environment?**

The powder is completely non-hazardous and biodegradable. We will clean up as best we can after the event, but the remaining powder should disappear shortly afterwards (especially if it rains!).

### **Will the colour come off my clothing?**

The best way to remove the colour is brush off the excess while it is dry and still in powder form. If clothing is quite wet, the colour will stick more firmly and may take more washes to come out. We recommend bringing a change of clothing if you will be taking your child home by car afterwards or bring an old blanket/towel for them to sit on, to avoid causing any damage to your upholstery.

### **Is there a way I can preserve the colour on my t-shirt?**

If you wish to preserve the colour on your t-shirt, as a momentum of the day, it is suggested that you spray it with vinegar, iron it and then wash on cool. Obviously there is still a chance that the colour will eventually fade with each wash after this point.

### **Will there be any stalls at the event?**

Yes, we will be selling white accessories as well as 100g bags of paint. We will also be running a bar and selling ice creams and tuck.

### **Any other questions?**

If there are any other questions we haven't thought of, please contact the Friends of King's Oak via email: [friendsofkoa@hotmail.com](mailto:friendsofkoa@hotmail.com) or ask your child's teacher, who will pass on your query if they are unable to answer themselves.