



CATERING, CLEANING & CONSULTANCY SERVICES

**Aspens**



Aspens is the company chosen by your school to provide the meal service to our students. We specialise in providing catering to schools and colleges across the country and are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

The food children eat at school plays an important role in their wellbeing, and eating a well balanced diet will not only maintain and improve their health, but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

### Lots of choice

We have a fantastic range to choose from and we make sure that we serve the variety of food that children like and want to eat. It's not all about eating vegetables and fruit - although we do make sure we get our balance right!

### Responsible catering

At Aspens - we take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared everyday using quality, fresh and seasonal ingredients that are responsibly sourced.

As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

### Special diets and food allergens

Don't think that your child can't enjoy our great food if they have a special diet - they are an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Legislation requires caterers to provide allergen information on food sold that is served 'unpackaged'. Aspens already cater for lots of children with allergies and we regularly check the information from suppliers to see if there have been any ingredient changes. It is still important that our customers talk to us so we can work together and continue to provide meals that are safe for them to eat.

## Free school meals

Did you know that your child might be entitled to free school meals? For more information and details on how to claim, visit [www.directgov.co.uk/apply-free-school-meals](http://www.directgov.co.uk/apply-free-school-meals)

## Get in touch

Aspens are experts in school catering and have years of experience when it comes to school food. If you have any questions about our service, or any special dietary requirements - please get in touch. You can contact us via email on [info@aspens-services.co.uk](mailto:info@aspens-services.co.uk) or call on 01905 759613. You will also find a host of information on our website - [www.aspens-services.co.uk](http://www.aspens-services.co.uk)

If you want to look at the current menu cycle or have a question you would like to ask, please click on the link below.

