

ASt/
22.03.2021

Dear Parents/Carers,

You will be aware that, as a part of your child's educational experience at King's Oak Academy, we aim to promote personal wellbeing and development through a taught programme of Personal, Social, Health and Economic (PSHE) education that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

In The Acorn at King's Oak Academy we teach pupils this through the JIGSAW curriculum. During Terms 5 and 6 we will be covering a range of Relationships and Sex Education (RSE) topics with the pupils as required by the curriculum. This letter is to inform you of the areas that your child's year group will be covering and the day/s of the week these are expected to be taught. The intent is to allow you the opportunity to discuss these areas with your child prior to their learning if you wish and/or to prepare you for any questions that your child may come home with about topics discussed that day.

There will be a drop-in session held on **Thursday 25 March at 9am & 5pm** where you can ask any additional questions.

These are the lessons titles and learning intentions that will be covered in Jigsaw lessons during Terms 5 and 6:

Term 5 Pieces	PSHE Learning Intention
1. My family and me	I can identify some of the jobs I do in my family and how I feel like I belong.
2. Make friends, make friends never ever break friends (part 1)	I know how to make friends and to stop myself from feeling lonely.
3. Make friends, make friends never ever break friends (part 2)	I can think of ways to solve problems and to stay friends.
4. Falling out and bullying (part 1)	I am starting to understand the impact of unkind words.
5. Falling out and bullying (part 2)	I can use Calm me time to manage my emotions.
6. Being the best friends that we can be	I know how to be a good friend.
Term 6 Pieces	PSHE Learning Intention
1. My body	I can name the parts of my body.
2. Respecting my body	I can tell you some things I can do and foods I can eat to stay healthy.

WORK HARD, BE KIND

PRINCIPAL: MISS K OGDEN CEO: MR STEVE TAYLOR | BROOK ROAD, KINGSWOOD, BRISTOL BS15 4JT
TEL: 0117 9927127 EMAIL: KOA.PRINCIPAL@CLF.UK | WWW.KINGSOAKACADEMY.ORG.UK

3. Growing up	I understand that we all grow from babies into adults.
4. Fun and fears (part 1)	I can express how I am feeling about moving to Year One.
5. Fun and fears (part 2)	I can talk about my worries and/or the things I am looking forward to in Year One.
6. Celebration	I can share my memories of the best bits of this year in Reception.

These are the day/s that your child's year group will be doing these lessons: every Thursday.

If you have any questions or concerns at any point, please do not hesitate to contact the teaching team.

Thank you for your continued support,

Kind Regards



Miss Southcott



Miss Franklin

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