Cabot
Learning
Federation

Empowering Learning

13 November 2020
JTn/cmg

Dear Parents/Carers

Many thanks to all our students and families for your understanding throughout what's been a challenging week. Please ensure you have a safe weekend, following government lockdown and where applicable self-isolation guidance. Remember the current national guidance is:

1. Stay at home, except for specific purposes.
2. Avoid meeting people you do not live with, except for specific purposes.
3. Close certain businesses and venues.

These new measures will reduce the growth rate of the virus, which will:

- prevent the NHS from being overwhelmed
- ensure schools, colleges and universities can stay open
- ensure that as many people as possible can continue to work

If you or a member of your family are self-isolating due to being a close contact remember:
You must not leave your home if you are self-isolating.

## Don't:

- do not go to work, school or public places - work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine - order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family - except for people providing essential care
- do not go out to exercise - exercise at home or in your garden, if you have one

I am sure you will agree this is paramount to keep our community safe and well. Many thanks for your continued support.


WORK HARD, BE KIND
anion B

