



## Work Hard - Be Kind



Dear Parents and Carers,

As we reach the end of the summer term, I would like to thank all members of our community for their commitment over the last year. In this newsletter there are examples of some of our work and achievements and I hope that you enjoy reading them. Our students, staff, parents and carers

have worked so hard and shown real resilience faced with the many changing demands made on us as a result of the pandemic. Resilience is a quality we probably don't talk about enough. It was seen in managing the switch back from home-based learning into school, at times changing arrangements because of pandemic or global events impacting families and communities or during significant events such as the cyber security incident that affected all members of the King's Oak community. Resilience, being able to manage a difficult situation calmly and with forbearance, is a quality that will no doubt be tested again next year, but for now be proud of how well you have all managed this year.

We have already said goodbye to our Year 11 and some of our Year 6 students. They leave us with our best wishes for their future and we look forward to hearing from them as they progress in the next stage in their education. This week we will say farewell to some members of staff who are leaving King's Oak. We thank them for their contribution to enriching the lives of our students and wish them well.

In September we will welcome many new students and new staff to our Academy and open our new Middle School learning area and canteen. These are important milestones for the Academy and will set the tone for what we know will be a busy and positive year. However, for now, I hope that you enjoy a restful summer holiday when it arrives for you, and we look forward to re-connecting with you in September so that we can continue to work together to support and enable our children to achieve their full potential.

Katherine Ogden, Principal

### Message from King's Oak Academy Council

At our recent and final Academy Council meeting of this academic year, we were very pleased to meet together face-to-face for the first time in over 18 months. As well as reflecting on the challenges we have all faced over the last two years and the implications these have had for both our staff and students, we were also able to focus on what has been an extremely busy and productive year. Thanks to the incredible hard work of our staff, King's Oak is now working as a fully All-Through Academy with the Lower, Middle and Upper School phases all established, each with a growing identity and culture suited to the particular phase but all founded on the over-riding ethos of the full academy - which is to Work Hard and Be Kind and with learning and the welfare of everyone in the community at the heart of what we all strive to achieve.

On behalf of the Academy Council, I would like to thank all the staff for their commitment over this last year and to thank you, the parents, for your support. From our discussions with senior staff, it is clear that our students achieve their best when everyone works together in partnership and so we are always delighted to hear about the ways the Academy has developed strong communication channels with all our parents and carers.

The end of an academic year marks an end but also a beginning as students move onto the next stage in their learning. However, before September arrives I hope you and your families are able to enjoy a safe and happy summer.

With best wishes

Diane Owen

Chair of King's Oak Academy Council



### Follow KOA on Social Media

Instagram: @kingsoakacademy

Twitter: @kingsoakacademy

Facebook:



<https://www.facebook.com/kingsoakacademy/>



**A reminder that the last day of Term is Thursday 21 July. Term 6 starts for students on Tuesday 6 September 2022**

## Gardening Club at KOA

I would just like to say a HUGE thank-you to all the students who have helped to revive the garden back to producing vegetables, fruit and flowers. It has been a lot of hard work, but we are reaping the benefits.

Our Christmas Fayre was a great success too and we raised money to put back into the gardening club. Hopefully, we can do the same again this year.

As you may have seen, we now have a lovely pergola which was bought with some funding from the Ernest Cook Foundation. We also had a large donation of wellies and waterproofs from the Julia Bradbury (from BBC Country file) Outdoor Guide Foundation, which has enabled the group to work outside on rainy days!

The group has achieved Levels 1,2 3 and 4, as part of our membership of the RHS School Gardening Award Scheme. We have received many seeds, certificates, and other goodies for our group. We will be working on Level 5 during the new term in September.

Local businesses have been very generous with donations of plants and seeds, compost, and pots. Thank you to B&Q, Tesco, Sainsburys, and Wickes. Many Staff members have also donated to the group; we have had a garden bench, some homemade seats, and troughs.

Mrs Josie Miller-Webb



Just some of our produce:

- Sunflowers
- Green beans
- Courgettes
- Beetroot
- Carrots
- Strawberries
- Loganberries
- Blueberries



Wheelbarrow working, weeding and clearing, topping up the compost.



The group decided that the pond needed cleaning. Here we are ankle deep with the weeds and a few fish!



Our amazing pergola—a space to be calm and peaceful amongst the wild flowers.



## Sport at KOA

### Festival of Sport

Students from Years 5-8 attended the CLF Festival of Sport at UWE. They had the opportunity to participate in a range of alternative physical activities such as; Yoga, Archery Tag, Trampoline, Ultimate Frisbee, American Football and Multi-sports. All students involved had a fantastic day, with the best activity voted as Archery Tag.



### Girls X-Rugby Tournament



King's Oak hosted the CLF and Bristol Schools X-Rugby Tournament. With over 60 girls attending from schools across Bristol, it was a fantastic introductory event to the sport.

Many of the girls attending had never played any form of rugby before this event, and they thoroughly enjoyed trying a new sport.

Great job girls!



### Year 8 Rounders Tournament

King's Oak hosted the Year 8 South Glos. Rounders tournament. With our Year 8 team not having played in a competitive tournament due to covid last year. The students involved did an amazing job of representing KOA. With performances improving throughout the tournament, we hit our target of scoring six rounders in a game, against a team who had won the whole event.

### Bristol Met Mambas Basketball Trip

Year 7 and 8 girls had the opportunity to take part in a Bristol Met Mambas Basketball day. Mrs Salvage took around 30 students who participated in a tournament-style day with a shooting competition at lunch time. Lots of the girls involved had never played basketball competitively before and ended up finishing in second place! Well done!



### Year 10 Cardiff Met Trip

Year 10s attended a trip to Cardiff Met for a university immersion day. Students had the opportunity to experience what it would be like to attend a university. Students participated in fitness testing and had talks regarding sports at university.

### Sports Day

Tuesday 5 July was the date for the King's Oak Annual Sports Day. This was the first sports day for a number of years due to the pandemic so all students (and staff!) were really excited to participate and compete against other tutors.

Students participated in a carousel of activities in the morning sessions including Benchball, Dodgeball, Football, Capture The Flag, Sports Quiz, Athletic Events and Tug of War.

A shout out to Mr Wilson and his Year 8 group who competed in a Teachers v Students Tug of War competition. With the two pulls being scored as a draw between teachers and students, it was a fair result.

Throughout the afternoon, selected students represented their tutor groups in the 200m, 100m and Relay races. Those not participating, had the option to purchase ice cream and cheer on their fellow tutees.

The results for the day were very close with the closet point score in Year 7, separating first and second places by only 5 points!

Well done to all students across Years 7 - 10 for an amazing and memorable sports day. The PE team cannot wait for next year!

Congratulations to the following Tutor Groups that gained the most points and won out of their year groups: **7.3; 8.5; 9.3; 10.2.**





## Music/Performing Arts at KOA

It has been a very busy year and final two terms. Students and staff have performed and enjoyed the positivity of working together to reach a common goal.

In Music classes:

Year 7 have been using different instruments to perform well known pieces;



Year 8 have been developing their composing skills;

Year 9 have been listening and performing new pieces of music from a particular genre;



Year 10 have been developing their composing and performance skills;

Year 11 have completed their BTEC First award qualification. We are very confident that the whole group have done well.

Outside of the classroom we have had our first concert for quite a while. In a very hot Hexagon Theatre, students from Years 7, 8 and 9 performed to a very responsive audience a number of songs from different musicals and this was interspersed with instrumental soloists. A huge well done to all who performed and to the very supportive parent/carers and general supporters.

On a very hot afternoon a group of Performing Arts students from Years 8,9 and 10 went to see the world-famous musical 'Les Miserables'. We were a little concerned as our seats were 'in the Gods' and we were anticipating a very hot afternoon.

It was hot but to our delight the air conditioning was working well as the whole production was almost three hours in length.

The students behaved excellently and were a credit to the Academy and of course their parents/carers - you!!

Peter B (Year7) And Lola D (Year11) represented KOA at the CLF Battle of the Bands where performers from across the CLF secondary academies performed to an audience and panel of judges. Our performers were the only ones to perform their own compositions and performed to an incredibly high standard and they were very successful as Lola was awarded the overall third prize and Peter was given a special commendation.

Congratulations to both performers!!



THANK YOU to all students, staff and parents/carers for your hard work and support this year. We look forward to our performing arts activities next year when we would like to have a Christmas concert(s), a musical (either in term 3/4 or later in the summer- TBC) , two talent shows, as part of the Year 11 music course and a summer showcase.

We look forward to your continued support, and remember, we encourage parents/carers to participate in all our performing arts events. If you would like to contribute, on or off stage, please contact [tim.warren@clf.uk](mailto:tim.warren@clf.uk)



## Art at KOA

### CLF Arts Festival

Here are pictures of the artwork that we exhibited at the CLF Arts Festival at City Academy.

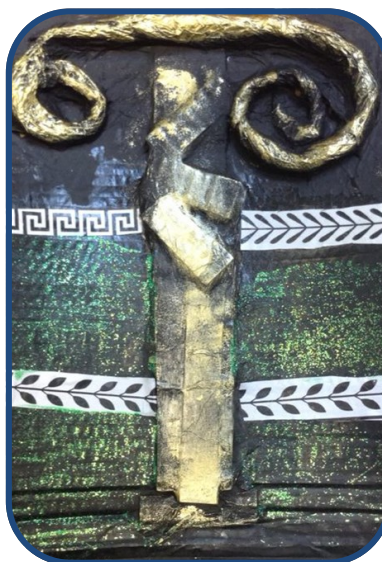
They are mainly Year 11 final pieces but also some lovely work by Year 8 students and an acrylic painting of sweets by Magda fin Year 10.





## Art at KOA

Year 6 recently created some fantastic low relief Greek Columns. They used card to build up the main shapes and texture, then added the ionic coils using tissue paper and PVA glue. When this was all dry, they covered the entire image in a layer of papier-mâché to seal everything in. Gold paint and collage were applied at the end to emphasise the different patterns on the columns. This is usually a Year 7 project, so Year 6 did really well to rise to this creative challenge!





## Thrive at KOA

Thrive approach to learning can be thought of as areas of competence.

The "Being" stage makes "learning to be" ... "learning to feel special" and "learning to trust our needs will be met" as the foundation on which positive experiences are established.

At KOA we practise these skills needed to survive and be happy by engaging in opportunities of fun and exploration in order to discover our true potential for the future.

These skills, once in place can be addressed at any point in our lives.

The relationship between a significant adult is a valuable resource and by using thrive techniques this relationship is enhanced and will soon bear fruit.

I am so proud of our students and parents who have been willing to recycle their emotional developmental needs as they arise.



## Careers and Enterprise at KOA

### Money raised from Enterprise Week

Several students from Years 6 and 7 presented a cheque for £1208 raised from Enterprise Week at King's Oak Academy.



During this week students from Years 6-10 ran different activities during break and lunch, including games, competitions, bake sales, stress balls, candy floss stall, pizza, penalty shoots and more.

The purpose of the week was to allow the students to be able to build employability skills, raise some money for a charity and have some fun.

The money has been raised for the Jessie May Charity, which is a locally based hospice, helping terminally ill children and their families.

Students were able to use and demonstrate lots of employability skills such as teamwork, organisation skills, creativity, leadership, resilience, and determination and much more. I particularly enjoyed seeing lots of students with a positive attitude and having a go.












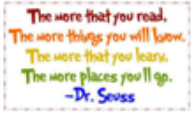



### What next?

Students can use Career Pilot to investigate lots of different career pathways. The National Careers Service is also another useful website, which gives information on particular jobs/careers.

[www.careerpilot.org.uk](http://www.careerpilot.org.uk)

[www.nationalcareersservice.org.uk](http://www.nationalcareersservice.org.uk)

## If you are in Years 7—11 at KOA, take part in our Summer Reading Bingo Challenge.

 <p>Read Outdoors</p>	 <p>Read a book of your choice and design a poster to advertise it to others</p>	<p>Read a poem and write a short paragraph to say why you liked it</p> <p><b>POETRY</b></p>	<p>Read a book from your favourite genre/author and complete an AR Quiz</p> 
<p>Read a book from your favourite genre/author and complete an AR Quiz</p> 	<p>Read a newspaper article and write a short paragraph to say what interested you</p> 	<p>Visit your local library and borrow a book to read</p> 	<p>Make a Reading Den where you can read your books</p> 
<p>Read to someone else</p> 	<p>Watch a film/TV programme related to a book you have read</p> 	<p>Read a book from your favourite genre/author and complete an AR Quiz</p> 	<p>Read a magazine of your choice</p> 
<p>Find a reading quote and make a bookmark with it on</p> 	<p>Read a book from your favourite genre/author and complete an AR Quiz</p> 	<p>Find a recipe you would like to try and make it (with adult supervision)</p> 	<p>Read a non-fiction about a topic that interests you</p> 

Choose ANY line of 4 (horizontal, vertical or diagonal) to complete the challenge!

When you have completed the challenge, please bring some evidence of the four tasks you have completed, i.e. photo, recipe you make, short paragraph about the film you watched etc. to Mrs Gilardoni in the LRC after the summer holidays.

Finishers will be invited to 'Afternoon Tea' with the Principal in September



# An opportunity for children in Years R—6

Have a Feel Fab Summer! Complete all the activities on the poster and write the date you did it under each one! In September, come and tell Miss Southcott (Deputy Health Lead) all about the fun you had and the activities you did to receive a certificate for taking part!"

## FEEL FAB SUMMER



### FIND YOUR HAPPY BEANS!



NAME \_\_\_\_\_



HOW MANY \_\_\_\_\_

DID YOU COLLECT? \_\_\_\_\_

Can you 'Feel Fab' this summer and be an Active, Healthy and Happy Bean? Tick off at least two activities in each category to earn your 'Feel Fab Fab' gold certificate available from your teacher at school. Make sure you get permission from your parents or a responsible adult before doing any of the activities and if you can get any of them (your family) involved as well, even better! We would love to see some of your attempts on Twitter using #FeelFabSummer and tagging:

@AshtonSSP @CSETSports1 @NSSPEA1

What makes you happy? Make some time to do your favourite things! 😊

Make a healthy smoothie and give it a name. ❤️

Throw a tennis ball against an outside wall 20 times without dropping it. 🧡

Play your favourite board game or garden game as a family. 😊

Put some fruit on your favourite cereal (and of course eat it)! ❤️

Walk or hike up a big hill, spend 10 minutes enjoying the view. 🧡

Have an arty afternoon; paint, draw, colour or make something. Display and share your creations. 😊

Can you swap your favourite snacks for a healthier alternative? ❤️

Wrap up warm and go for a night walk as a family. Come home and enjoy a warm drink. 🧡

Try out a new fruit or vegetable you have never had before! ❤️

How many skips or keepy-uppies can you do in 60 seconds? 🧡

Watch your favourite family film with your favourite treats. 😊

Put a smile on someone's face (and yours) with a random act of kindness. 😊

Ride your bike, walk, jog or scoot for at least 10 minutes a day. 🧡

Make a carrot, courgette or beetroot cake. ❤️

Build up to 100 step-ups either on bottom stair or low bench/platform. 🧡



## News from Lower School

### News from Reception

Reception has had a fantastic Term 6. We started with a trip to Grimsbury Farm, where the children learnt all about how to care for animals and had an amazing day feeding the rabbits, chickens, ducks and more! It was Reception's first trip and they were so responsible walking to the farm and back that we were very proud. We also made fruit kebabs and learnt about food from other countries with the story Handa's Surprise and learnt all about the lifecycle of a butterfly with The Very Hungry Caterpillar. All this with visits from Commonwealth Games PE coaches and our own amazing Sports Day! Well done, Reception.



### News from Year 1

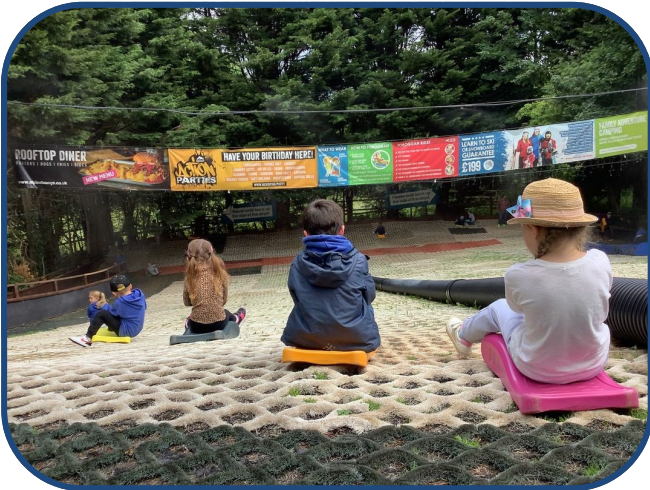
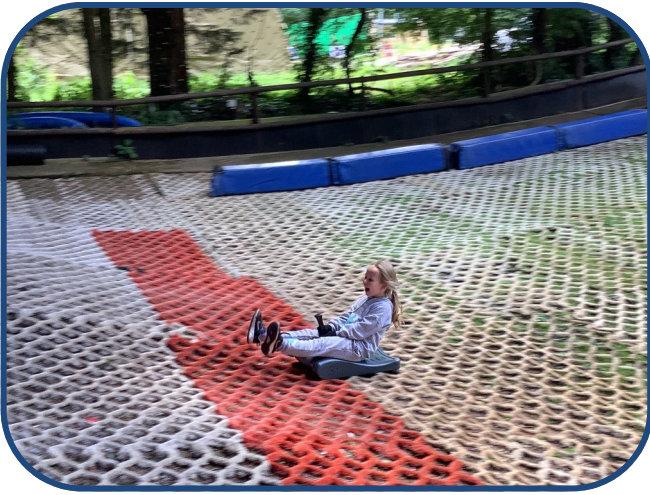
Wow – what a year we have had in Year 1! Term 6 has been an equally busy term with lots of fantastic learning and activities from the children: here is just a snapshot. Everyone did amazingly in the phonics screening check, with fantastic focus and progress demonstrated by all children. We travelled to Mendip Outdoor Pursuits to try out tobogganing and frisbee golf (yes, some of the adults too!) We composed wistful shape poems about summer and put our rhyming skills to the test with the Ridiculous Rhyme Show duo. It was wonderful to see the children enjoy their first full-school sports day and demonstrate sportsmanship by cheering on their friends. We have had a fantastic year and hope the children have a well-deserved rest over the holiday ahead of their move into Year 2.





## News from Year 2

Year 2 have had an amazing year full of exciting learning. We explored a wide range of topics including The Victorians, Healthy Bodies, Kenya, Habitats, Space and Bees. With it now being post Covid times, we were able to learn and explore outside our classroom on the SS Great Britain, down Mendip Caves and had guests in to teach us how to stay healthy. We also had lots of fun along the way with our Colour Run and Golf Frisby. The teachers want to say a huge well done to each and every one of our pupils who have shown expected behaviour throughout the year and used their Gem Powers to work hard and be kind. We really wish them all the best in the future.





## News from Year 3

Year 3 have had a nature filled Term 6.

We wrote persuasive letters to David Attenborough telling him to use his magic wish to stop deforestation, plastic pollution and then extinction of animals!

Then we wrote in the role of the old man in the Tin Forest.

Finally we created collage art work in the style of Henri Rousseau!

Ari said 'We loved writing to David Attenborough, I hope he chooses our wish!'

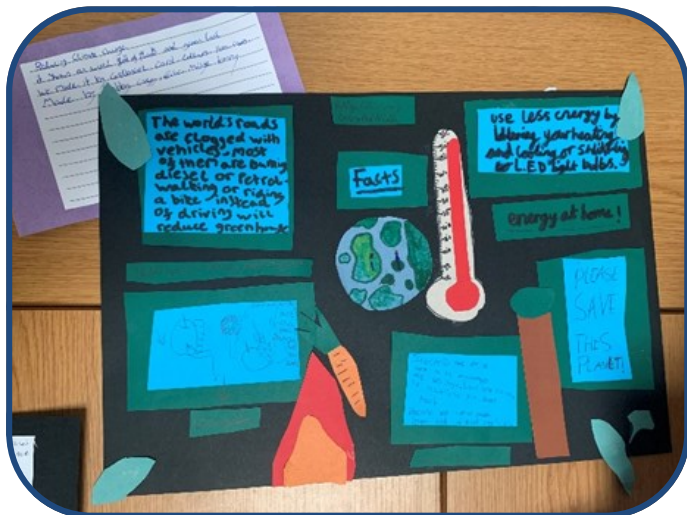
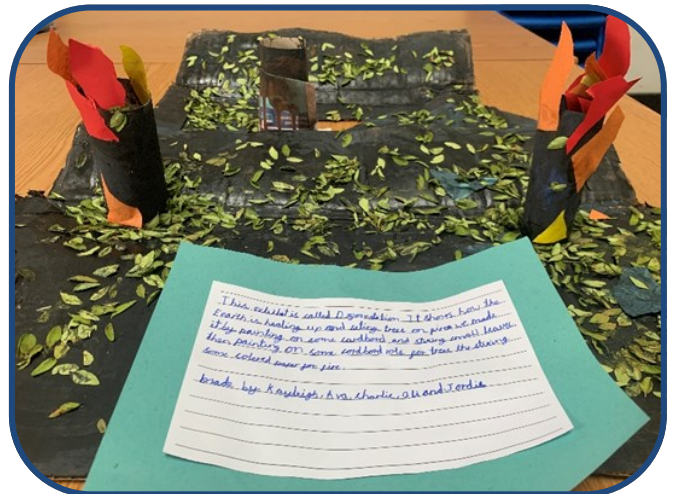
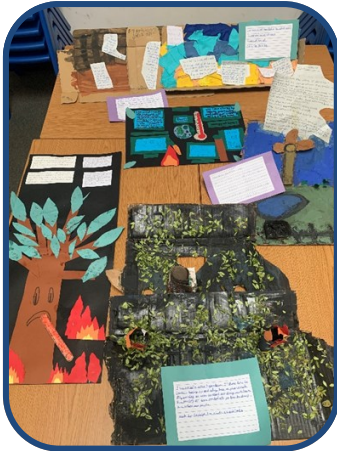
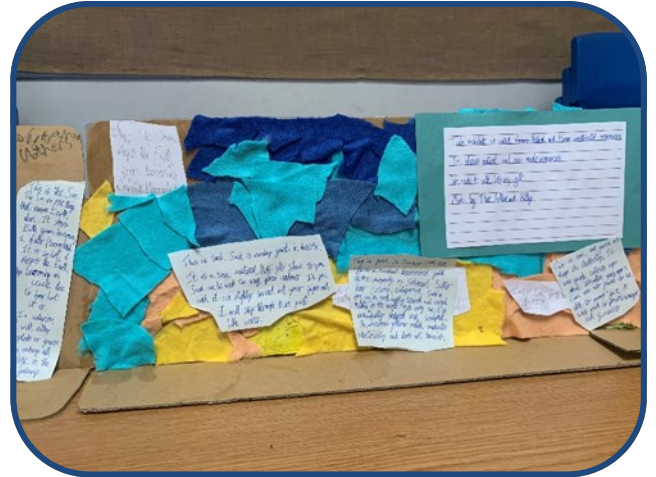




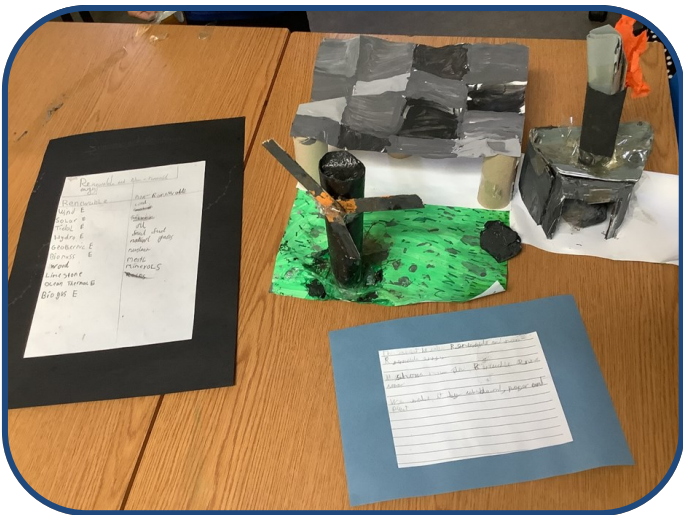
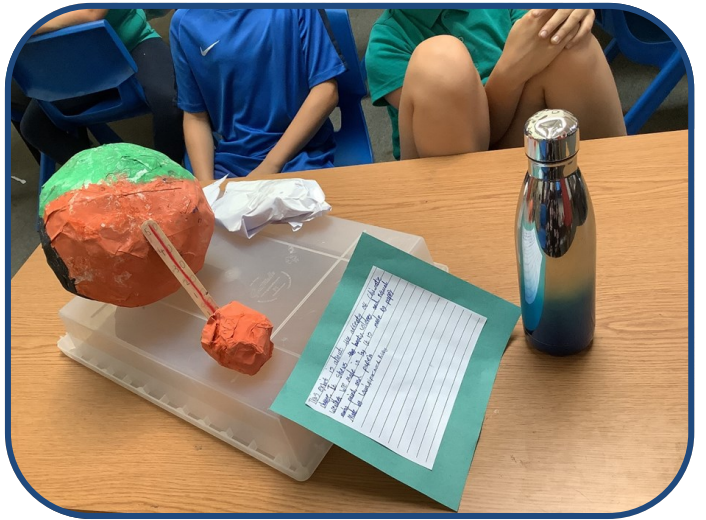
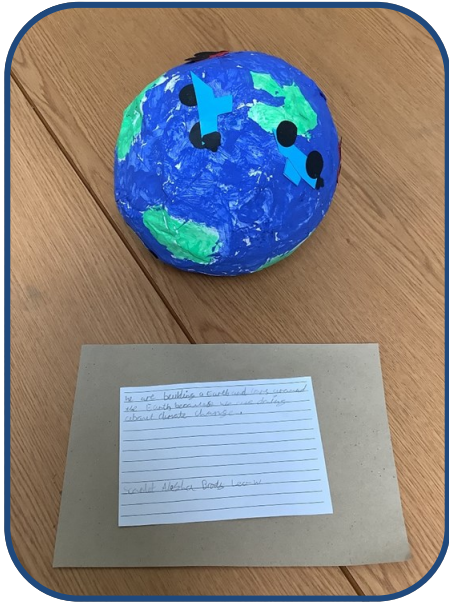
# News from Middle School

## News from Year 5

Year 5 have been working hard this term learning about the effect of humans on our environment. This topic culminated in a Climate Change Exhibition, where we worked in groups to research different topics linked to climate change and made models to display the exhibition. While the exhibition had to be cancelled due to the heatwave (sadly, very ironic!) we were still able to enjoy the displays between the Year 5 classes.









## News from Year 6

Year 6 have been working hard on their performance of 'Jill and Fred's Hysterical, Historical Adventure,' They did such a good job learning their lines, singing the songs and acting confidently. Below are some photos of the cast in their costumes.





## News from Year 7

Year 7 were able to go on a bowling experience to celebrate their completion of Year 7. Staff and the public all commented on how exceptionally polite, kind and well-presented our students were in their KOA PE kit.

Chris Nathan—Head of Year 7



## News from Year 8

What a fantastic Term 6 for Year 8 with amazing work across all subjects from Gothic stories and analysis of Frankenstein in English to studying Asia as a global mega power in Geography. Whilst students studied Holidays and School in French, they designed shop fronts in Design and Technology showcasing yet again the diverse, broad and engaging curriculum on offer to students at KOA.

Alongside this, students took opportunities outside of lessons to work with: the Science Explorer Dome, ask questions of solicitors and barristers from top Bristol law firms and participate in Sports Day with enthusiasm and sporting gusto. Well done.

Mr Mannin takes over Year 9 as Head of Year and will do an amazing job as the year group complete KS3 and begin their Upper School journey towards their GCSEs in June 2025.

It's been an amazing privilege to lead the year group this year with an amazing team of form tutors who have worked hard and been kind whilst instilling this very same ethos and belief into their tutees.

I hope all students and parents have a nice summer and a well deserved rest.

Paul Wilson - HOY 8.






## News from Year 9

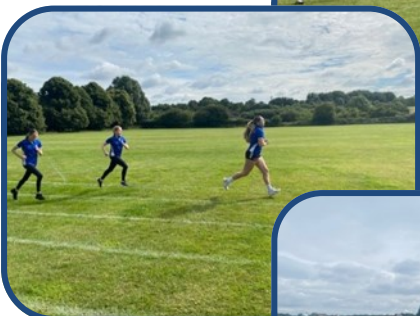
Term 6 has been a term filled with lots of exciting opportunities for Year 9 students and they have had the chance to take part in lots of different activities to finish the year:

### Sports Day

This term the Year 9 students finally got a chance to complete in their first ever KOA sports day. The events had been planned the week before and students had the chance to participate in football, capture the flag, bench ball, dodgeball, tug of war and a quiz as well as the usual running and throwing events. All students got fully involved and worked hard in the different events to earn points for their tutor groups. The results are as follows:

5th 9.4; 4th 9.2; 3rd 9.5; 2nd 9.1; 1st  9.3

Well done to Mr Patel's tutor group, 9.3, but also to all Year 9 students who took part and gave 100% in the different activities.

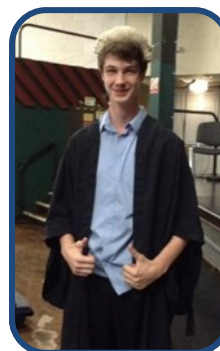
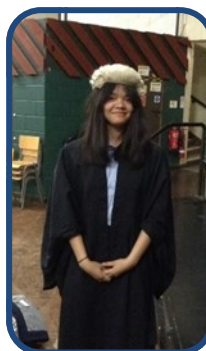


## Barrister Outreach Programme

Year 9 students were one of the year groups that had an opportunity to take part in this session. The students were able to hear a talk from five different barristers.

This was a unique opportunity to immerse themselves in the life of a professional barrister and find out more about what this role involves. Part of the talk was to make the students aware of the different routes into law and students were able to find out more information on some high-profile cases. The barristers were from St Johns Chambers based in Bristol, which has been one of the top ranked chambers in 2022.

The students were really engaged and enjoyed the experience. Thank you so much to Mr Nathan for organising the experience for the students to take part in.



## Rewards Event

This term we have been able to also run a rewards event for the top 40 students in Year 9. This was based on their attendance, behaviour and reward points that they have gathered across this term.

We rewarded students with the opportunity to take part on some inflatables, a bucking bronco and surf simulator all while enjoying some popcorn.

Well done to these students for continually making the right choices, engaging with your learning and working hard.



### Ashton Gate Trip

Mr Heath rewarded some of the students in Year 9 who have continually turned up to football club this year by taking them on a tour of Ashton Gate. They have shown real dedication to this club and attended training sessions throughout the year, regardless of the weather or other commitments they had. Well done to the twelve students who were selected to attend this, I am proud of your dedication, team spirit and willingness to improve.

### Tutor Challenge

Once again, we have carried on with the tutor challenge in Term 6. The final scores for this year are as follows:

5th - 9.4 – 301 pts;  
4th - 9.3 – 306 pts;  
3rd - 9.5 – 315 pts;  
2nd - 9.2 – 339 pts;  
1st - 9.1 – 346 pts

Congratulations to Miss Sibley's tutor group who are the winners for 2022. It has been a close-run competition this year but 9.1 have just come out on top. The challenges will re-set for the start of Year 10 and we shall see if 9.1 are able to carry on their winning ways next year.

I hope you all have a fantastic break and come back for Term 1 refreshed, re-charged and ready to take part in more exciting opportunities. I shall look forward to welcoming you all back into school for the start of your Year 10 journey in September.

Mrs Holtby—Head of Year 9

### News from Year 10

Term 6 has been yet another busy one for Year 10 students at King's Oak. During this term, there has been a huge positive change in attitude from a number of our year group who are now more focused due to the knowledge of now being the oldest students in the school. We get closer to next year's assessments and collectively push on to achieve the best that we can as a group.

### Work Experience

A huge positive of Term 6 was the chance for many of our students to complete work experience. As one of a handful of local schools to offer this, it was a great opportunity to develop skills, gain experience and understand some of the differences between work and school life. We have had a number of positive reviews of our students which also included further opportunities such as potential paid work and apprenticeships. Well done for all your efforts as we restarted work experience for the first time since the pandemic.

### Year 10 Mocks

Students also completed mock exams. Again, for most, the process went very well, students gained confidence and experience of sitting exams in this way. This will only help as we build towards next year. We began most exams with a subject teacher talk in the gym before moving to our locations. This meant that students could refresh their minds on how to answer questions, how to prioritise timings and cutting out "silly errors". Teachers will use these exams to revisit areas in which students struggled and build on areas of strength.

### Rewards Event

During the last week of term, 40 students were selected for the rewards event. This included inflatables as last year and also popcorn!

Students were selected based on behaviour points in Term 6 and it was great to see students involved who had managed to turn around their behaviour to be involved having not done so before.

Our focus is now on Year 11. We have a number of events and interventions lined up to help our students including parental engagement/support evenings. I look forward to seeing parents/carers at these.

Have a great summer and we go again in September.

Mr Heath—Head of Year 10



## News from Year 11

Alas, the time has come to say goodbye to our wonderful Year 11s.

They have worked so hard and done themselves proud.

We had a fantastic last day of celebrations, with lots of food, yearbook and shirt signing, and some cute (and slightly embarrassing) photos from years gone by!

Prom was on 7 July and was a really enjoyable evening, with so many memories made.

*"So here's to you, the KOA Class of 2022,*

*I wish you all the best, in everything you do."*

I look forward to seeing you at results day, and in the future - I cannot wait to see what you all achieve, and I will miss you all dearly.

Miss Peach—Head of Year 11





An opportunity for children in Years R—6



Kings Oak Acorn September 2022

**BOOK NOW!**

[www.sportingchance-csp.co.uk/events](http://www.sportingchance-csp.co.uk/events)

Day	Year groups	Clubs	Time	Cost
Mondays	1-2	Superstar Multisports	3-4pm	£4.00 per session Bookings to be made via the website and payment via debit/credit card / childcare vouchers or BACS.
Tuesdays	3-6	Football	310-410pm	
Wednesday	1-2	Football	3-4pm	
Thursdays	3-6	Athletics	310-410pm	
Fridays	1-3	Gymnastics	3-4pm	



# Intensive swimming lesson



We are running intensive swimming lesson  
Stage 1,2,3  
week commencing 25th July, 8th August, 22nd August  
Book at reception or call 0300 333 0300

ACTIVECENTRES.ORG  
☎ 0300 333 0300

**Active**  
Lifestyle Centre

INSPIRING  
**ACTIVE**  
LIFESTYLES



## [Children can eat for just £1 at Asda Cafés across England and Wales this Summer – with no minimum adult spend](#)

Asda has announced its next move in bids to help feed children this summer, meaning kids across England and Wales can eat for just £1 at any time of day in Asda Cafés, seven days a week, with no minimum adult spend required.

To help tackle holiday hunger at a time when the cost-of-living is higher than ever, children aged 16 and under can access a hot or cold meal for just £1.



### **An Asda spokesperson said:**

“We know that families can find the summer holidays tough, and our customers are telling us that this year more than ever, they’re concerned about holiday hunger. With that in mind, we are so pleased to be able to offer children’s meals for just £1, with no minimum adult spend, to ensure that those who would normally rely on a school meal aren’t left without.”

The Kids Eat for £1 initiative is available all day, every day from 25<sup>th</sup> July until 4<sup>th</sup> September in England and Wales, as long as the Café is open and dependent on the store, a hot meal or cold meal, or both, will be on offer.

Baby food is also available as part of the initiative, with little ones able to enjoy a free pouch of Ella’s Kitchen baby food (70g pouch) in their local Asda Café.



<https://www.nhs.uk/healthier-families/activities/10-minute-shake-up/>

## 10 Minute Shake Up games

Get the kids moving with these fun games inspired by some of their favourite Disney characters. These boredom-busting activities will help them reach the 60 active minutes they need every day!



[Pick a Lightyear game for any crew](#)



[Meet Encanto's magical Madrigals](#)



[Get moving with a Marvel hero](#)



[Find a Frozen adventure](#)





Community Children's  
Health Partnership

**NHS**

## School Health Nurses Free webinars for parents and carers

**Practical and informative online sessions from  
your expert team of local School Health Nurses.**

Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.



### **Topics include:**

- Keeping your child happy and healthy
- Healthy eating and physical activity
- Supporting your child's emotional wellbeing
- Eating disorder awareness
- Dental health
- Sleep



Find out more and book your free space:  
[cchp.nhs.uk/schoolnursewebinars](https://cchp.nhs.uk/schoolnursewebinars)

Service provided by

**Sirona**  
care & health





WEST OF ENGLAND  
**MUSIC**  
ALLIANCE



# Summer Holiday Singing Day

for 7-13 year olds

£10

**Come and join us for a  
day of singing and fun  
including a sharing to  
family and friends.**

**23rd August 2022**

**10am - 3pm**

**Little Stoke Primary School**

**Little Stoke Lane**

**Bristol**

**BS34 6HY**

**Sign up here: <https://bit.ly/singingday>**



North Somerset  
Music Service



Supported using public funding by



**ARTS COUNCIL  
ENGLAND**



"We recognise every child is unique and every child's different"



"Everyday's a holiday at Kingswood Out of School Club"

EST 2015

## HOLIDAY CLUB

Available to children aged 3-11 years  
9:00 - 15:00 £15 or 9:00 - 17:00 £20  
Additional hours available on request

*Crafts • Construction • Music • Games • Xbox •  
Movies • Sport • Outdoor space • Climbing frame • Baking  
• Day trips • Local visits • Sensory area*

OFSTED registered • All staff qualified and DBS checked •  
Paediatric trained • Expertise with SEND



*Kingswood Out of School Club*

The Mazonod Rooms, Court Road, Kingswood, Bristol, BS15 9QB

Michelle 07790712291 or Liz 07557361353

Find us on Facebook - Kingswood Out of School Club

[kswoodoosc@gmail.com](mailto:kswoodoosc@gmail.com)

• All booked sessions MUST be paid in full•





20% Discount off holiday activities and camping with Mendip Outdoor Pursuits this summer!

Mendip Outdoor Pursuits have provided us with the below discount codes to offer to families so that you can enjoy the outdoors with them this summer.

Use the below codes when booking activities and/or camping

Voucher code: SCH20

Security code: 8208c5

Book camping: [www.mendipbasecamp.com](http://www.mendipbasecamp.com)

Book activities: [www.mendip.co.uk/book](http://www.mendip.co.uk/book)



**20% OFF**  
**CAMPING**

[www.mendipbasecamp.com](http://www.mendipbasecamp.com)

**MENDIP**  
ACTIVITY CENTRE



**DYNAMOS  
CRICKET**



**This is  
our game.**

[dynamoscricicket.co.uk](https://dynamoscricicket.co.uk)

**Join us at:**

**Frenchay Cricket Club - Frenchay Falcons Disability Cricket**

**Session dates:**

**4th July - 22nd August 2022**

**Session timings:**

**Monday 6-7pm**

**Contact:**

**[racheleccott@blueyonder.co.uk](mailto:racheleccott@blueyonder.co.uk) or Jeanett 07432728926**

**DYNAMOS  
CRICKET**

**This is  
our game.**

**Dynamos Cricket provides a fantastic next step for all those graduating from All Stars Cricket and the perfect introduction for all 8-11 year-olds new to the sport!**

Sessions are all about playing together and developing new skills, teamwork and friendship.

Every child that registers will receive their very own Dynamos Cricket New Balance t-shirt, personalised with their name and number on the back and have access to a brand new digital app, packed with exclusive cricket content, unlockable skills challenges, quizzes and activities.

**Sign up today to your nearest  
Dynamos Cricket centre.**

[dynamoscricicket.co.uk](https://dynamoscricicket.co.uk)





Community Children's  
Health Partnership



# 11-19 YEARS OLD?

We help young people  
with all kinds of things like ...

Message us for confidential advice  
and support and to chat with a School Nurse.

The service is open on Monday to Friday from 9am-5pm.



Send a message to:  
**07312 263093**



For terms and conditions see <https://cchp.nhs.uk/chathealth>

Service provided by



DINGS CRUSADERS RFC



# U12 Girls Rugby

School Years 6 & 7



# We're Recruiting

Training Wed 6.30pm

Games Sunday 2.30pm

Shaftesbury Park Frenchay



For more information

E-Mail [Girls@dingsrugby.co.uk](mailto:Girls@dingsrugby.co.uk)



# Super 1s

LORD'S TAVERNERS  
TABLE CRICKET



# Free cricket sessions!

All abilities welcome (SEN & SEND) | Ages 12-25

## MONDAYS:

THORNBURY | **TABLE CRICKET** 4pm - 4.45pm | **Super 1s** 4.45pm - 5.30pm  
Thornbury Cricket Club, Ship Lane, Alveston, Bristol BS35 1LG

FRENCHAY | **Super 1s** 6pm - 7pm & 7pm - 8pm  
Frenchay Cricket Club, Common Mead Lane, Winterbourne, Bristol BS16 1QQ

## TUESDAYS:

GLOUCESTER | **TABLE CRICKET** 5pm - 6pm  
Chamwell Centre, Longford Lane, Gloucester GL2 9EU

STROUD | **Super 1s** 6pm - 7pm  
Stroud Cricket Club, Ryeford, Stroud, Gloucestershire GL10 2LA

## WEDNESDAYS:

CHELTENHAM | **Super 1s** 3pm - 4pm  
Belmont School, Warden Hill Road, Cheltenham GL51 3AT

## THURSDAYS:

FOREST OF DEAN | **Super 1s** 4.45pm - 5.45pm  
Dene Magna School, Abenhall Road, Mitcheldean, Gloucestershire GL17 0DU

**For more information contact Jeanette Tate:**

[jeanette.tate@gloucestershirecricketfoundation.org](mailto:jeanette.tate@gloucestershirecricketfoundation.org)

**07432 728926**

or visit [www.lordstaverners.org](http://www.lordstaverners.org)

Registered Charity No. 306054 | OSCR No. 90046238



LORD'S TAVERNERS  
Giving young people a sporting chance



Date: 23<sup>rd</sup> June 2022

Dear Parent or Carer

Changes to local arrangements for children and young people with Special Educational Needs

I am writing to update you further on the changes we are making to how we support children with special educational needs, which I set out in my previous letter of 8 April.

This letter is intended to set out a simple summary of all the changes we have been making, planning, and are now implementing for children and young people with special educational needs. At the end of the letter, I have provided details of online sessions we will run to help explain what is happening and where you can find out more.

Our aim is to ensure that all children and young people with special educational needs can access high quality support in their local area and that for the majority this will be in their local mainstream school. For children with a higher level of need we have a range of settings providing specialist support including access centres, resource bases and special schools. We want to try to ensure that the places in these settings are available and prioritise the children and young people who need it most.

We have already been increasing the number of specialist places available and intend to provide more in the future to meet increasing demand.

We also want to ensure that the limited funding we have available is being used on a needs-led basis, and that the systems we have in place for identifying need are applied consistently and fairly across schools and colleges.

For children and young people with Education, Health and Care Plans (EHCPs) we have been working with school leaders to design a new set of arrangements for describing the levels of need, which we are calling 'Bands'. The funding that the local authority provides for pupils with EHCPs (known as Top-Up) is in addition to money provided to schools directly. From September, we will be allocating according to the Band.

This approach is not unique to South Gloucestershire and in fact most local authorities operate banding levels and allocate funding in this way.

We have had to adjust the amount of funding we provide for Top-Ups, because the amount that we spend in South Gloucestershire is much higher than the average spends by other councils across the country. This means that schools will receive less money for Top-Ups than they did previously and may need to change the way that they meet need. They will still have to meet children and young people's needs of course and we will help them to do this.

To help schools manage the changes we are taking a phased approach to reducing the Top-Up over a 3-year period rather than having to deal with the full reduction in a single year.

In addition to this, we are also investing in areas where spending has been low in the past and where we know that by increasing investment we can make a significant, positive difference to children, young people and their families.

We are investing more money in early years, for example, providing more training so that staff in early years childcare settings are more skilled to identify if a child has additional needs at the earliest stage. They will then be able to work with the right specialist professionals to deliver support at the earliest stage. We are also investing more to ensure that this support is available for children and their families. These investments in early years have already begun.

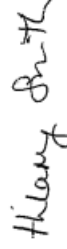
There is an opportunity for parents and carers to hear more about these changes through an online session arranged with the South Glos Parent and Carer Forum on **Thursday 30th June 10:00 - 12:00 pm**. Officers will explain the new banding system which funds Education, Health, and Care Plans (EHCPs) and you will be able to share your views and ask questions. The event will be recorded and put online so you can watch it back when you like if you can't attend at the time. You can book your space at <https://www.eventbrite.co.uk/e/ehcp-banding-qa-session-tickets-368237958647>

Following this information session, we will be holding online 1 to1 surgeries. These are being held on the following dates and you can book a 15 minute slot by emailing [ISENDSupport@southglos.gov.uk](mailto:ISENDSupport@southglos.gov.uk)

**Monday 11th July 10:00 - 12:00 pm**  
**Tuesday 12th July 7:00 - 9:00 pm**  
**Thursday 14th July 2:00 - 4:00 pm**  
**Thursday 14th July 7:00 - 9:00 pm**

You can also ask questions, give your views and raise your concerns via our quick survey, and we will feedback all comments to South Gloucestershire Council. The link for this is [https://www.surveymonkey.co.uk/r/SGPC\\_InclEd](https://www.surveymonkey.co.uk/r/SGPC_InclEd)

Yours sincerely,



Hilary Smith





Dear Parents,

Instructor Nick here - Taekwon-Do is back for King's Oak students & we are offering a Month Free! It's on Mondays, spaces will be limited and may be subject to a waiting list. It's all about high performance freestyle Tae Kwon-Do & developing that Self-control and Confidence. Yes, we have the black belts, kicks and tricks, but it's all about:

**T**eamwork  
**I**ntegrity  
**G**rowth  
**E**nergy  
**R**espect  
**S**elf-Control



The upcoming 4 week free trial will run at Kingswood Community Centre starting Monday 5th September and continue at that location going forward:

Infants (School Yr 1-2): Mondays 6:20-7:00

Juniors (School Yr 3+): Mondays 7:00-7:45

Please distance responsibly on pickup & do not enter the building, release will be outside.

Our classes are *still* the lowest priced pro Tae Kwon-Do sessions in the South West! After the free trial, should you wish to continue, classes are just £34 a month, which includes all training, belts, gradings, replacement uniforms, patches, licensing, insurance & VAT. Siblings train at a huge £9 per month discount too!

To register your child via mobile or desktop, please fill out this short form: [www.tigermartialarts.club/monthfree](http://www.tigermartialarts.club/monthfree)

Should you have any questions, or wish to register via email or text, feel free to contact Kat, TMA admin on: [admin@tigermartialarts.club](mailto:admin@tigermartialarts.club) or 07921855900.

Once booked, we'll contact you before the start to confirm details. To find out more about us: [www.tigermartialarts.club](http://www.tigermartialarts.club)

Thanks as always for your support,

*Instructor Nick*

Head Instructor - Tiger Martial Arts



CREATIVE  
YOUTH  
NETWORK.

2nd - 4th August | 11am - 2:30pm

# MUSIC MAKING SUMMER COURSE



Come and explore music production, song writing, performance and collaboration on our three-day Summer Music Making course.

This course is all about creating music and learning something new - try creating a beat using music software, writing a song in a day, and recording yourself playing an instrument.

*All abilities welcome and if you play an instrument feel free to bring it along!*

**Sign up:** [www.creativeyouthnetwork.org.uk/music-making-summer-course](http://www.creativeyouthnetwork.org.uk/music-making-summer-course)



SCAN ME



If you have any questions or queries get in touch with  
Kathleen on 07741 660 260 or Luke on 07821 687 791

Open to young people aged 12-17 from North Bristol and South Gloucestershire, but you'll need to be able to get to The Station in Bristol city centre for the 3-day course.



Held at Basement Studio, The Station, Silver Street, Bristol BS1 2AG

Supported by:





CREATIVE  
YOUTH  
NETWORK.

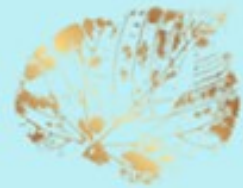
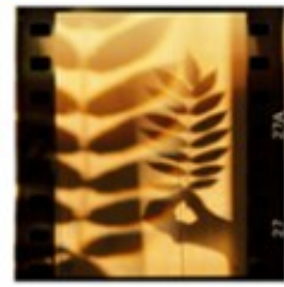
8TH - 10TH AUGUST | 10AM - 2:00PM

# ART IN NATURE SUMMER COURSE



On this three-day course, we will experiment with weaving, printing, natural dying, photography and a range of other skills to create artwork in nature. Make friends, collaborate and hang out in a beautiful space.

Open to all young people aged 11-16 —  
from beginners to aspiring artists!



JOIN TEXTILE ARTIST JESSIE POTTER AND  
ENVIRONMENTAL ARTIST JILL PARSONS AS WE  
EXPLORE THE NATURAL WORLD WITH A RANGE OF  
2D AND 3D TECHNIQUES.

GET CREATIVE



SCAN ME

Supported by:



Sign up: [www.creativeyouthnetwork.org.uk/art-in-nature-summer-course](http://www.creativeyouthnetwork.org.uk/art-in-nature-summer-course)

If you have any questions or queries get in touch with Jill on 07741 661 708 or Jessie on 07741 659 917



**BELLY** 2022  
**LAUGHS**

CREATIVE  
YOUTH  
NETWORK.

# STAND-UP COMEDY

## CREATIVE COURSE

**FREE**

**15-20  
YEAR  
OLDS**



SCAN ME

## THURSDAY 4TH AUGUST

Course ran by stand-up Comedian Mark Olver

### Details:

2pm - 5.30pm  
The Station,  
Silver Street,  
BS1 2AG

Want to try out stand up comedy? Learn from professional comedian Mark Olver. We welcome all young people from different backgrounds, especially those underrepresented groups. The Stand-Up Comedy sector is looking for you!

### Sign up now:

[www.creativeyouthnetwork.org.uk/stand-up-comedy-course](http://www.creativeyouthnetwork.org.uk/stand-up-comedy-course)

### Get in touch:

For more information, please get in touch via email: [creative.dept@creativeyouthnetwork.org.uk](mailto:creative.dept@creativeyouthnetwork.org.uk)

THE FRIENDS OF KINGS OAK

# WE ARE LOOKING FOR VOLUNTEERS!

Are you friendly and organised? Are you good with numbers? Are you a good listener?

**THE FRIENDS OF KING'S OAK ARE LOOKING FOR A NEW CHAIR, TREASURER AND SECRETARY. WE ALSO NEED MORE NON-ELECTED MEMBERS.**

Be part of our amazing team of volunteers and help us continue to support the education and development of students at King's Oak Academy

If you are interested in joining our team, please email [friendsofkoa@hotmail.com](mailto:friendsofkoa@hotmail.com) for information on the next meeting.





## WE NEED YOU!

We need to fill all three main roles, or we will be forced to fold.

### The Chair

- **Main duty:** To have the final say on PTA decisions.
- **Key jobs:** To make all committee members feel welcome and valued; to set the PTA agenda; to provide leadership; to co-write the annual PTA report.
- **Needs to be:** Enthusiastic, calm; good at listening; decisive.

### The Treasurer

- **Main duty:** To oversee the PTA's financial affairs.
- **Key jobs:** To manage accounts; do banking and maintain up-to-date financial records.
- **Needs to be:** Reliable; organised; good with numbers.

### The Secretary

- **Main duty:** To keep up-to-date records of PTA activity.
- **Key jobs:** To organise PTA meetings; to prepare and distribute agendas and minutes; to build strong relationships with key school staff – including the office staff and caretakers.
- **Needs to be:** Organised; good at time management and friendly.

### We also need more non-elected members.

You may think you don't have enough time to make a difference. We are grateful for any time you can contribute, even if it's only 20 minutes a year.

You may think you wouldn't be able to bring anything to the team. All parents have skills that can help the PTA. You'll be amazed at what you can do.

You would like to get involved but don't know how. Why not come to a meeting and say hello? The team are a lovely group of ladies who care about the school and the students in it.

We give our time freely but seeing the smiles on the faces of the children at an event or when they are using something we have paid for, that's the reward.

Over the last few years, the Friends have contributed towards playground equipment, books for the library, I-pads, forest school supplies, lunch time activities and so much more. We've run disco's, fairs (online and in person) and most recently, the colour run.

Please, if your child has enjoyed any of this, have a think about whether you could spare an hour here and there to add your input and help secure the future of the Friends of King's Oak.



On the evening of

**Tues 13<sup>th</sup> Sept 22**

At King's Oak Academy  
(Date & location TBC)

**EVERYONE'S WELCOME**

Find out how we've supported the Primary over the last year  
and be involved in what comes next.



@Friends Of King's Oak Primary

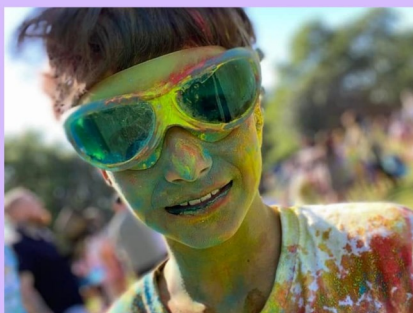


email: [friendsofkoa@hotmail.com](mailto:friendsofkoa@hotmail.com)

**Parentkind**  
Member Association



THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU



Friends of King's Oak Colour Run 2022  
Total Profit:  
**£1806.92**



THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU THANK YOU



## NEW PLAYERS WANTED UNDER 16

Have you been bitten by the football bug while watching the Womens Euro's or do you have an interest in/played football but not found the right team?

Downend Flyers Under 16's are looking for players for the upcoming season. We are looking for all players but especially looking to add a goalkeeper. Come along and join a friendly team while playing the game you love!

For more information please contact [info@downendflyers.com](mailto:info@downendflyers.com)



# CLF Post 16 Enrolment

P16

CABOT  
LEARNING  
FEDERATION



Cabot  
Learning  
Federation

From Thursday

25th August

2022



**Enrolment Days from Thursday 25th August, at 12pm (once GCSE results are received).**

For further details on enrolment visit <https://post16.clf.uk/find-courses-apply/enrolment/> or use the QR code.

You will need to book your enrolment slot: <https://www.eventbrite.co.uk/e/clf-post-16-enrolment-day-tickets-379642570147>

Please visit our website to see the entry requirements, for our courses: <https://post16.clf.uk/find-courses-apply/a-z-of-courses/>

**You will need:**

- Summary of your exam results and grades.
- ID, Passport, Birth certificate and residency.
- Photograph, or taken on the day, for an ID badge and lanyard. (£10 non-refundable deposit)
- Personal contact details and 2x Parent/Guardian contact details.

**Follow our Twitter, Instagram and Facebook  
for more updates!: CLFPost16**

**No question is too small!**

**Call us on 0117 988 2525 or email us [@info@p16.clf.uk](mailto:@info@p16.clf.uk)**