



*Work Hard - Be Kind*

Thank you to our children, families and local community for your support throughout the term. We hope that you enjoy reading our Term 2 Newsletter to find out more about what we have been up to this term and celebrate the progress and achievements that our children have made.

On behalf of all the staff and councillors at King's Oak, we hope that you have a safe and peaceful holiday with your respective families and we are looking forward to welcoming your child back into school for Term 3 on Wednesday 3 January 2024.

## Hospitality and Catering at KOA



This term in KS3 Health our Year 7 Classes have enjoyed making Fruit Salad and Pizza Toast as well as developing numerous key knife skills using a carrot.

Year 8 have been making bolognese and sausage rolls and Year 9 have been making Creamy Garlic Gnocchi. All classes have been focusing on developing their basic cooking skills which can be used for life.



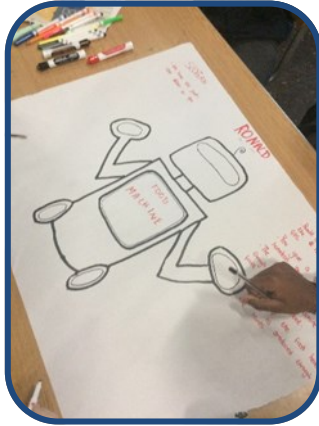
Our KS4 Hospitality and Catering group have continued to prepare for important submissions in the new year. Completing coursework and practicing key cooking skills in the kitchen. This term they have made Bagels, Apple Turnovers, Pizza amongst other things. They finished the term in festive spirit making Mince Pies.



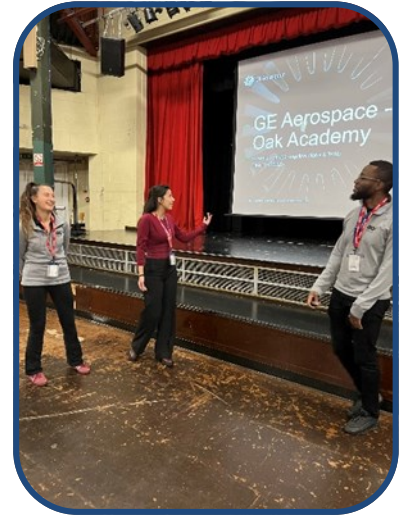
**A reminder that the last day of Term 2 is Friday 15 December. Term 3 starts on Wednesday 3 January 2024.**

## Careers at KOA

In November we welcomed visitors from Dell Technology into our school to run 'The big idea project'. 70 of our Year 7 and 8 students took part in a workshop where they worked in teams to design a product that would solve a problem that is currently facing us. Example products were a heated coat for the homeless and a robot that collected and recycled rubbish. The students demonstrated excellent problem-solving skills and I was amazed by the many creative ideas that they came up.

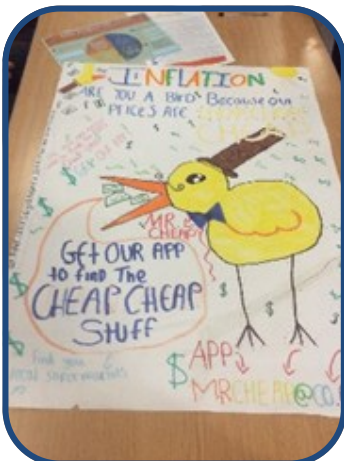


On 13 December, our Year 9 students were treated to an interactive presentation by GE Aerospace. The company was founded in 1889 by Thomas Edison and is a world leader in engineering for the aerospace industry, among others! The team had lots of interesting information to share with our students about what it's like to have a career in the industry - hopefully inspiring the next generation of Engineers!



The final part of the session involved a presentation to their peers. All students took part and showed great confidence and enthusiasm when presenting their product to the year group. I was incredibly proud of the students that took part and

hopefully this event has inspired some future engineers.



## STEAM Club at KOA

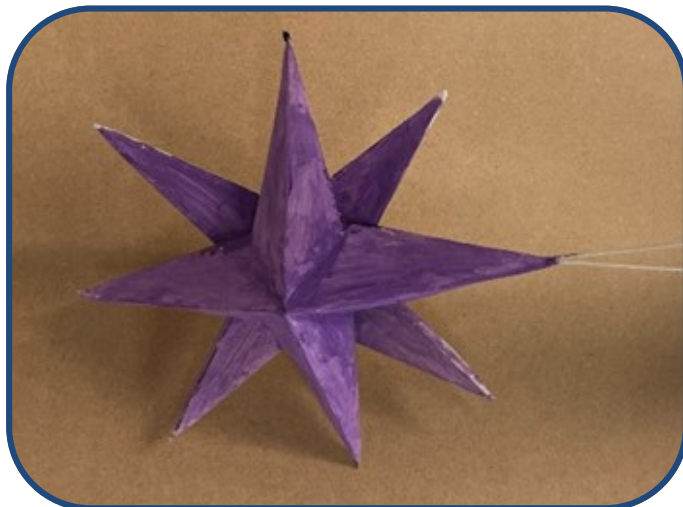
(Science, Technology, Engineering, Art and Maths)

Here are some photos of the atomic structure Christmas ornaments we've made in STEAM club with Year 7 and 8 students.



## Art club at KOA

Art club has been working on festive themed crafts and displays.





## King's Oak Winter Fayre

The sale was a great success.

# We raised £210

Using produce from our school garden we sold  
homemade jams and pickles,  
handmade wooden reindeer, potted daffodils  
and grape hyacinths

Thank you to Ms Grass for making the delicious jams, pickles and hand made Reindeers.

Thank you James Lewis, Louis Prewitt, Josh Hubschmid and Helen Dalton for all your hard work on the day and in the gardening group.

Thank you Aria Chan for playing Christmas songs on the violin.

A big thank you to all the students, staff and parents who supported the event.



## Sports at KOA

### Netball

Over the last term we have had all our Netball teams playing in the round robin tournaments against other local schools in our area. The girls have played games against SBL, Downend, Hanham Woods Academy, John Cabot and Mangotsfield.

All our teams have put in fantastic team performances in their tournaments and played in good spirits. Well done!



Year 7 Team



Year 8 Team



Year 9 Team



Year 10 Team

### U13 ESFA Girls National Small Schools Cup

On the 9 November, our U13 girls' football team played in the ESFA National Small Schools Cup against Millfield Preparatory School.

The girls showed a solid performance battling through wind, rain, hail and a very boggy and muddy grass pitch.

With goals from Tilly, Libby, Kady and a debut goal from Kaitlyn; the girls stormed through with a 9-0 win. The U13 team rank in the top 16 out of 127 schools in the national cup!



### U15 ESFA Girls National Small Schools Cup

On 30 November, our U15s girls football team played in the ESFA National Small Schools Cup against The Maynard School who travelled from Exeter. It was a bitterly cold afternoon, and the girls demonstrated resilience and perseverance to win 7-2, after the score being tied at half time. The U15 team now rank in the top 16, out of 116 schools in the national cup!

### Road To Wembley Utilita Cup

Another fantastic day of football for the U13 Girls at the Utilita Cup hosted by Bristol Rovers FC. Both the Oaks and the Acorns topped their groups to secure places in the quarter finals.

The Acorns put in a great display, narrowly missing out on a place in the semi-finals with a 1-0 loss to a very strong Yate Academy team, who went on to make it through to the finals.

The Oaks managed to secure their place in the semi-finals with a 5-0 win over the Yate B Academy team. The semi-finals saw the Oaks meet Redland Green, with a 3-0 win progressing them to the final. A well contested final against Yate Academy finished 0-0, and therefore went to penalties! The girls held their composure and won the final in 3 penalties! The girls did an incredible job to retain the title, scoring over 34 goals and conceding 1!

The Oaks will now represent Bristol Rovers FC in the regional finals!



## Year 8 Benchball/Dodgeball at Bristol Met

We took a mixed Year 8 team to Bristol Met to partake in the CLF dodgeball tournament. The Kings Oak team performed exceptionally well finishing the tournament top of the standings unbeaten. All of our students performed exceptionally well and were a credit to the academy.

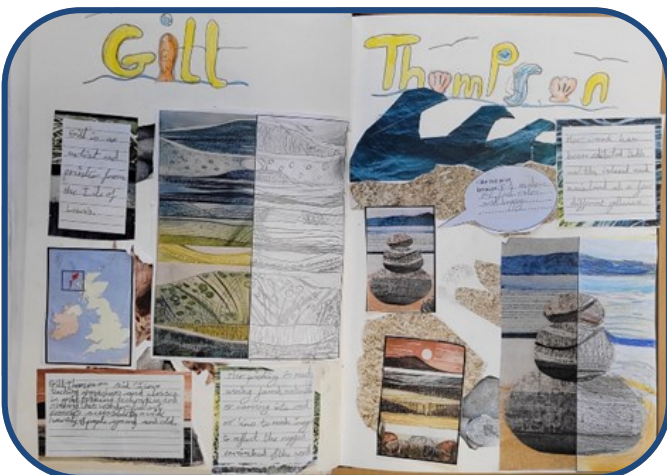
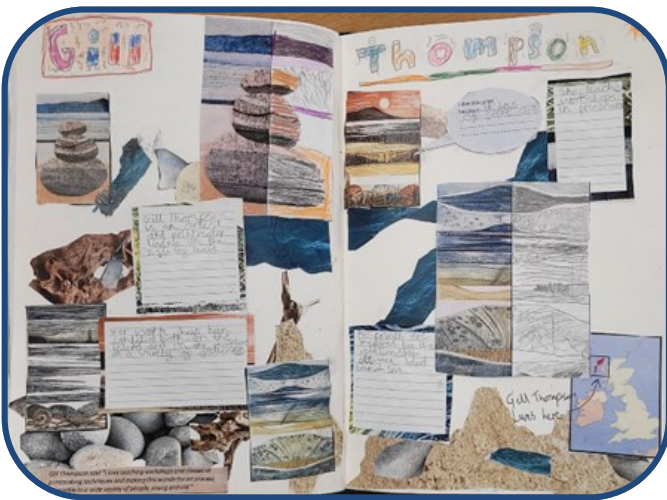
## ESFA National Cup Year 8

Throughout Term 2 our Year 8 Boys Football Team competed in two fixtures in the Small Schools National Cup. In the opening round they competed against Thomas Keble School away from home, which was a long journey through the narrow lanes to Nailsworth. The lads worked immensely hard, showed great grit and determination to come away with a 7-3 win. In the following round the Year 8s were up against Selwood. Despite the scores being all square at half time, Selwood ran out 4-1 winners. The lads can hold their heads up high, having conducted themselves superbly in both fixtures. They now look forward to the local competitions after Christmas

## Art at KOA

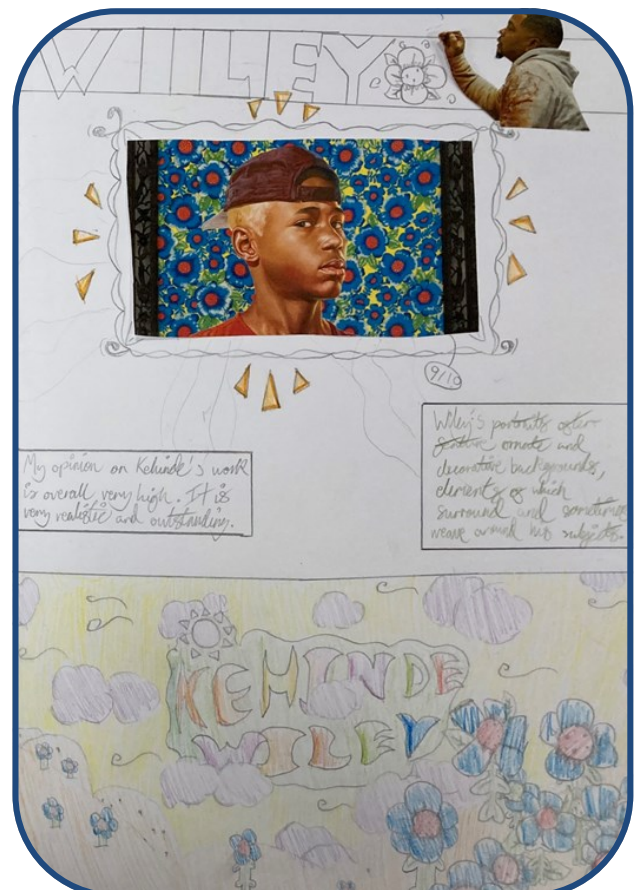
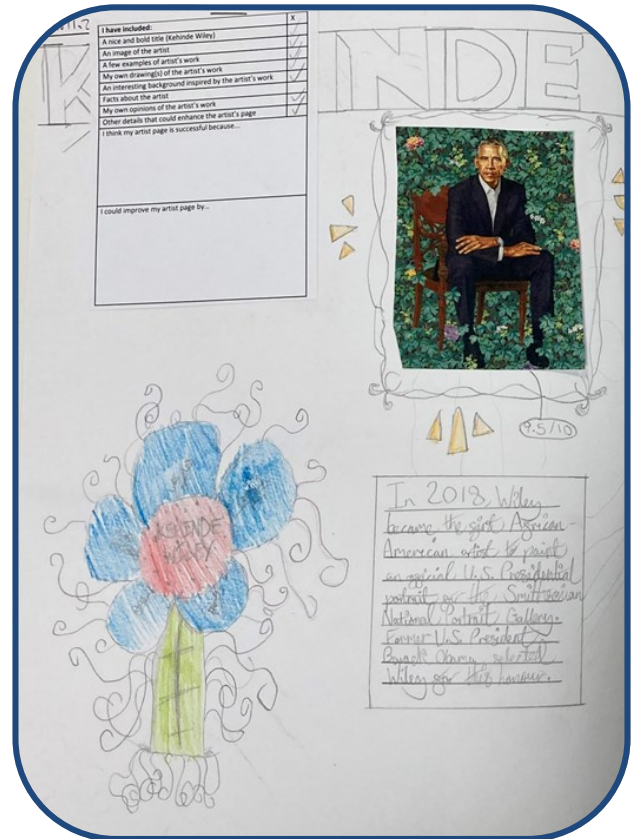
### Year 5 Art

Year 5 Art have been having fun researching the print artist Gill Thompson.



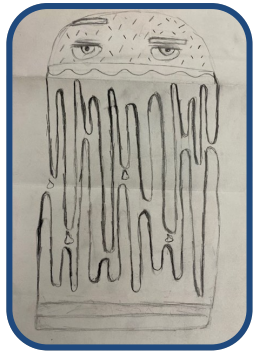
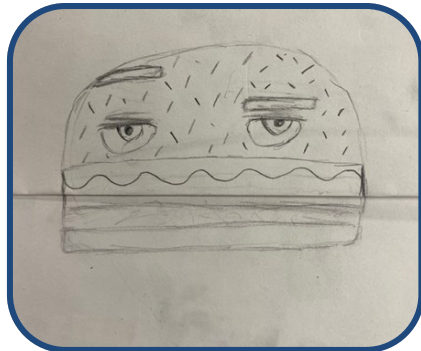
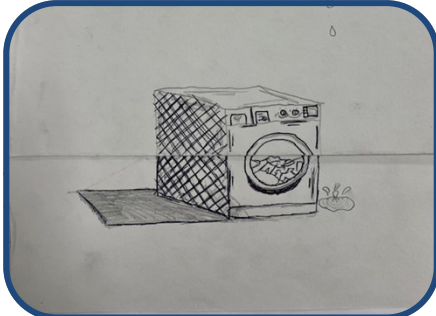
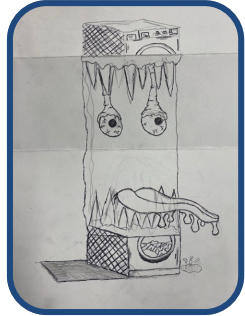
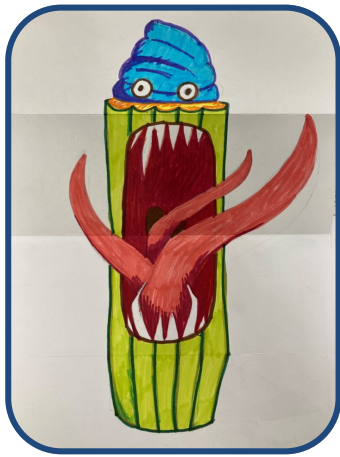
### Year 7 Art

Year 7 have been learning about how to produce an artist research page, an interesting background inspired by the artist's work. We have also spent time working on literacy and annotation. At the start of this term, students also completed their first art assessment.



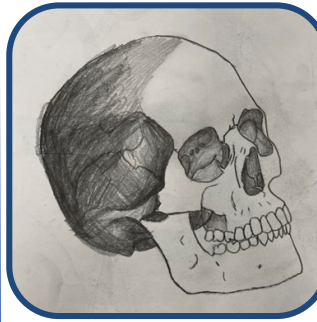
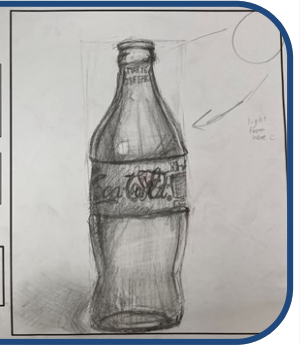
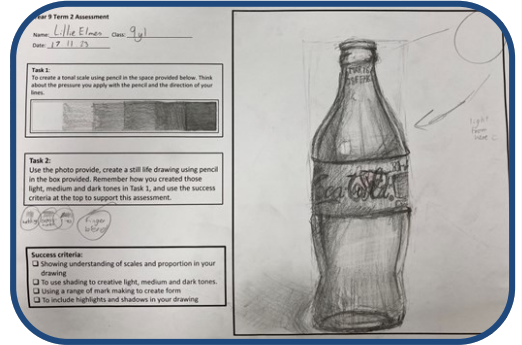
## Year 8 Art

Year 8 students had fun creating their creatures and characters through a range of activities, including the ones we are showing below: fold surprise.

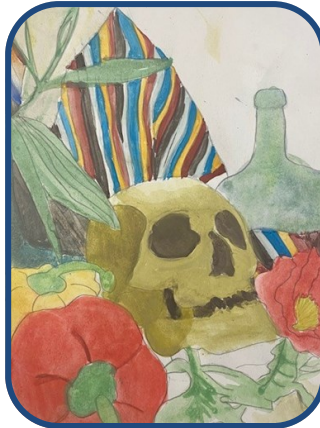


## Year 9 Art

Year 9 are continuing with still life drawings, trying out a range of different media and composition.

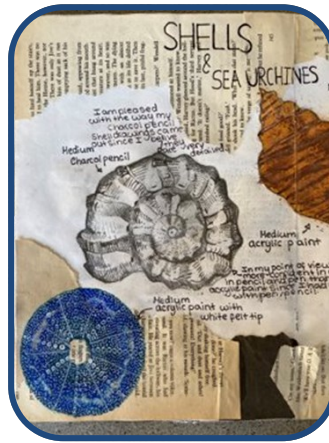
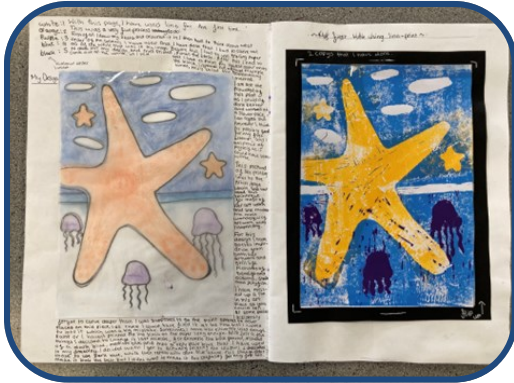


Students also put together an artist page study of Paul Cezanne, learning about layout, reproducing artist work, an interesting background and how to annotate.



## Year 10 Art

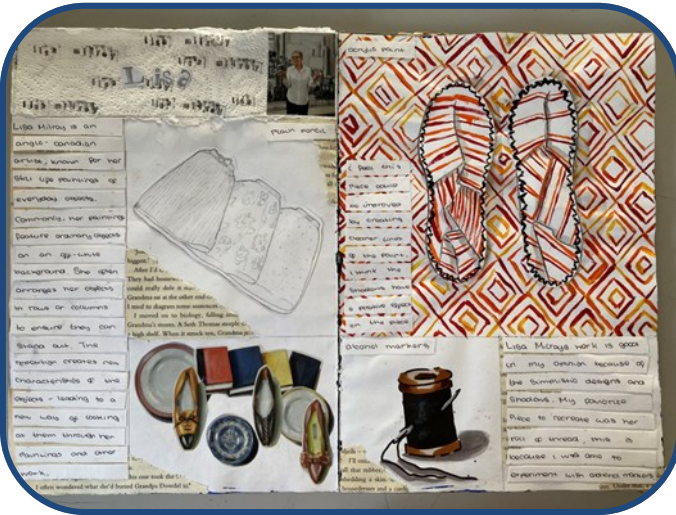
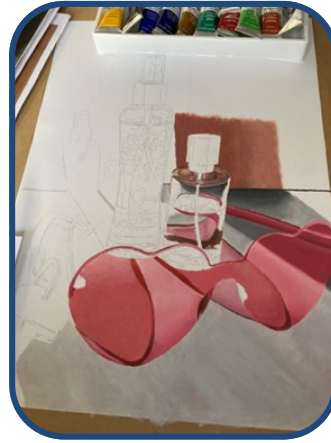
Year 10 art students have been continuously looking at a range of different artists that's linked to our project "Blue Planet", trying out different techniques using different media. Those include but not limited to: lino print making, acrylic, watercolour, graphite sticks, ink, fine liner and most recently students started working with mix media to create an interesting collage for the latest artist we studied – Yellena James.





## Year 11 Art

Year 11 GCSE Art – This term students have been looking at more artist studies, developing their final ideas and trying out a range of different media in their sketchbooks. Students have also taken their own photos (primary sources – very important) to support their final piece ideas. Towards the end of November, Year 11 art students had their 5-hour mock exam, where students have been working on their final piece.



## DRAMA AT KOA

Drama in Term 2 has been fantastic! Students in Year 7 have completed their first formal peer performance and been exploring their basic drama skills. The final performance was a wonderful blend of humour and skill shown by many as they start to learn how to apply the "toolkit" of techniques.

The wonderful Year 8s have been exploring vocal identity through accents and a final performance of an accent of their choice. It was sheer joy to see so many students doing iconic scenes with understanding of vocality.

Year 9s have been continuing exploration of practitioners with a climax of stage combat practice. Volunteering students were given the opportunity to engage in single sword combat against me (Mrs Free) which fortunately they never won!

KS4 continues to be an incredible year group with completion of Component 2 with incredible mature and professional abilities demonstrated. The final exam was performed to 25 Year 9 students who were in awe of the level of performance and commitment of our amazing Year 11s.

Looking into an exciting 2024 there is our new Mid-somerset project for students wishing to take part in the competition. Students in Years 7 and 8 are invited to participate in the competition which involves reading aloud a selection from a book in front of a judge. This is an exciting new project which we hope will prove popular and show off our amazing readers! Please email Mrs Free for more information—[vickie.free@clf.uk](mailto:vickie.free@clf.uk)

## MUSIC AT KOA

This term Year 7 students have been studying CARNIVAL and working towards performing Samba rhythms on real Samba instruments. Everybody has enjoyed reading music notation and performing accurately at a regular tempo. Key words such as PULSE, TEMPO and RHYTHM have been learnt, practised and understood through performance.

This term Year 8 students have been looking about how music has been used as a tool to address inequality, through the study of The Blues.

Key terms such as The 12 bar blues, walking bass, melody and improvisation have been learnt through performance and all students should be able to perform these fluently and accurately.

It would be good to receive any feedback from parents/carers if your child has been playing any of these at home to improve their skills

Year 9s have been developing their song writing skills, working in groups to put vocal melodies or raps over drum beats and basslines. For those thinking about BTEC Music next year, a Music Tech Club is starting on Thursdays after school where students can explore creating and recording music using music specialist software.

Students in Year 10 have been working hard to develop their music theory knowledge and an in-depth understanding of different musical styles including Blues, Rock n Roll and Hip Hop. They have been learning how to write drum beats, bass lines and chord progressions in various genres, and most recently recorded vocal raps about teenage life. A notable contribution to the Christmas concert came from this class in the form of a Rick Astley classic from our Year 10 class band.

Year 11s have been working hard on their Component 2 which focuses on setting and monitoring targets towards improvement in both performance and composition. Some fantastic final outcomes have been presented in an array of different styles from Rap, to Blues, Bedroom Rock, RnB, Military drumming and much more. Very well done to them.

### Christmas Concert

The Christmas concert on 12 December was a huge success with over 60 student performers from Years 5-11 across our Middle and Upper School. There was a wide range of repertoire presented including Samba drumming, solos, comedy Christmas sketches and staff-student collaborations.

Judging by the loud applause and 'singing along' the audience really enjoyed themselves just as much as the performers and staff involved. **WELL DONE** to all involved and a special word of thanks to the Friends of KOA/PTA for providing the refreshments throughout the night. Thank you to all who attended for your ongoing support.



## NEWS FROM LOWER SCHOOL

### Festive celebrations at the Lower School

We've had a spectacular festive time this year at the Lower School. Our Year 3 and Year 4 singers took the stage to amaze us all with their cheerful performance.



### Festive Lunches

We had a marvellous time during our festive lunch at the Lower School. We made our very own festive hats, spent time with our teachers and friends and enjoyed the holiday atmosphere. We'd like to thank our dedicated kitchen and hall staff teams for decorating the hall in time for our celebrations and making it such a special occasion.



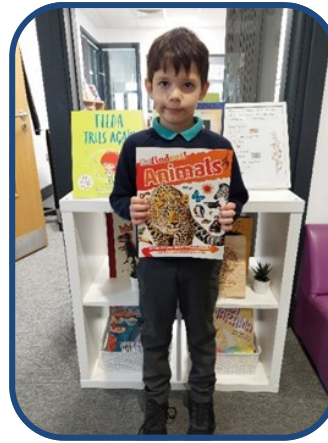
### Year 1 and Year 2 Nativity

We are very proud of our Year 1 and Year 2 actors and singers for rehearsing so diligently and showing their values of work hard and be kind throughout the term to treat us all to such a thrilling performance.



## Reading at Home

We want to express our gratitude for your dedication and commitment to reading with your children at home. Your involvement in their journey is invaluable, and we want to commend your efforts. By sharing the joy of reading with your children, you are not only enhancing their language skills but also fostering a love for learning that will benefit them throughout their lives. Your support is a crucial building block in their educational foundation. Thank you for being such wonderful partners in your children's education. We encourage you to continue this meaningful practice, and we look forward to witnessing the continued growth and love for reading in your children. Here are just a couple of our recent Reading Raffle proud winners from Term 2:



## Progressive Sports Enrichment



Lower school children have had a wonderful time in their Progressive Sport enrichment sessions this term. They have been able to demonstrate heaps of emerald and sapphire power in box fit sessions while learning new skills.

Next term, we will be introducing children to Curling!



Congratulations to all of our new student council members and deputies who have now been announced in assembly!



### Lower School Student Council and Parliament Week

This term, King's Oak Lower School pupils engaged in this year's Parliament Week by learning about our Parliament and the Modern British Value of democracy. They completed KOA Student Council application forms, presented their cases and engaged in a democratic vote for their class Student Council candidates across the school. It has been wonderful to see all Student Council candidates so enthusiastic and committed to the process along with all the Lower School children who carefully considered their votes. We'd like to thank Miss Palmer-Turk, who not only leads our Lower School Student Council, but also organised the application and voting process, recorded a special instructional video, lead an informative assembly about democracy and counted the votes.

### SEND Family Support Sessions

We are very pleased to confirm that from Wednesday 29 November Miss Roscoe the Head of Inclusion and Lead SENDCo, will be holding SEND Family Support Sessions for the families of King's Oak Academy from 5-6pm, in the LRC (Middle School site).



These dates are:

- 29 November 2023 – Neurodiversity – *already commenced*
- 13 December 2023 - Social, Emotional and Mental Health
- 31 January 2024 - Speech and Language
- 28 February 2024 - Sensory Needs
- 27 March 2024 - Transition from Year 11 To Post 16
- 01 May 2024 - Transition for Year 6 To Year 7
- 29 May 2024 - Accessing Literacy & Numeracy- (Including Dyslexia and Dyscalculia)
- 26 June 2024 - Social Communication and Interaction
- 17 July 2024 - Summer SEN Offers and Summer Support in The Local Area.

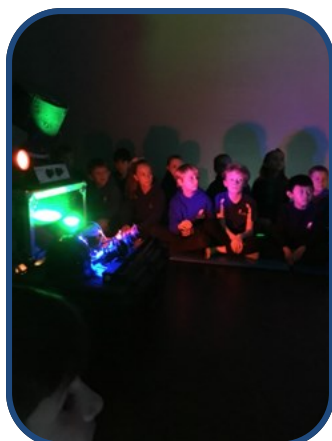
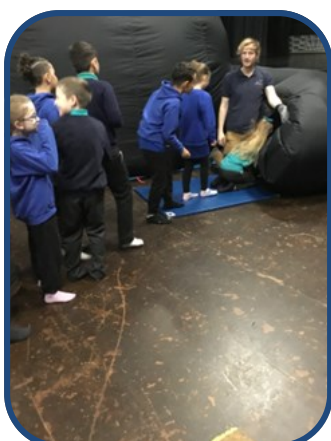
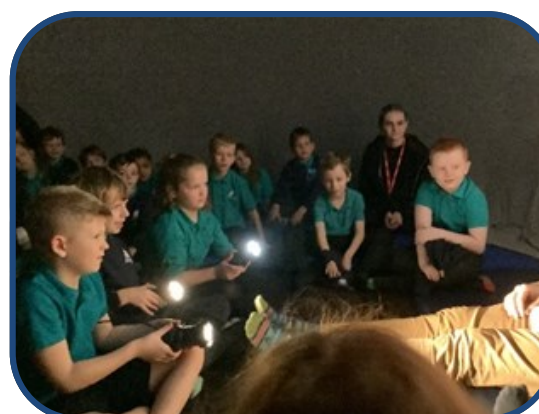
In these sessions parents and carers of SEN students can meet to discuss a range of SEN strategies, develop a supportive network, and learn about SEN resources within the local area.

Spaces for these sessions are limited to 25 people and can be booked via Eventbrite (a link for this has been sent home to families, if you have not received a link please drop us a message).

Please note that each session will need to be booked separately.

### Explorer Dome Sessions

Our children in Years 3, 4 and 1 had an absolutely magical and awe-inspiring time during their onsite visit from the Explorer Dome this term. It was a fully interactive, immersive, and hands-on experience for all our learners. Year 3 and 4 scientists completed an investigation into light and colour, explored what light is, where it comes from and how it travels. They were able to use mirrors and prisms to explore reflection and refraction and get hands on with light inside the darkened Dome. Our Year 1 scientists enjoyed the 'Winter Show' and had an opportunity to explore the science behind the seasons and discover more about mid-winter festivals from around the world.



## Lower School Kitchen

Our lower school kitchen has just been re-awarded a 5\* rating! Congratulations to the team!



## We are Recruiting!

We are looking for a passionate **Lunchbreak Supervisor** to join our supportive and talented team at King's Oak Academy. We are a growing organisation, looking for professional and ambitious people, with a passion for transforming our students' learning.

6.25 hours per week (1.15 hour per day)

### **What we are looking for:**

The Lunchbreak Supervisor will work as part of a team to supervise and support students during the lunchtime break, ensure the safety, general welfare and proper conduct of students during this period and be responsible for making the lunchtime period a positive experience for all.

Please follow the link below for a full job advert and application form:

<https://accesspeople.accesscloud.com/CabotLearningRecruitment/Home/Vacancy?id=1152&returnurl=/CabotLearningRecruitment/>

## Transfer to Primary School in September 2024

The closing date for applications to transfer to primary school in September 2024 is 15 January 2024. Submitting applications after the deadline (late) greatly reduces the chances of being offered a place at the preferred school(s) therefore this is a reminder to all parents that they must submit an application **before midnight on 15 January 2024. Attendance at an adjoining pre-school or having a sibling in attendance does not guarantee an offer.**

Applications can be submitted online via the [Citizen Portal](#) or by completing the attached form which can be returned to this email address before the deadline.

## Music in the Lower School

Reception class has been working very hard since 30 October practising their Christmas songs! We loved singing 'When Santa Got Stuck Up The Chimney'. Our best song was 'Stable under the Star' which sounded beautiful when we sang it to our families.

Coming to the West End soon... Years 1 and 2. We have been practising our Nativity 'The Angel Who Nearly Missed It All'



*"There have been HOURS of rehearsals and much preparation for the incredibly important role that the Angel Chorus will need to play to spread the news of the birth of a very special baby. But, are they ready? Well, one angel most certainly isn't..."*

All of the children worked so hard to put on an amazing show containing seven songs and lots of lines! Well done Years 1 and 2, you did an amazing job and made us all very proud!



Years 3 and 4 have spent Term 2 rehearsing their festive songs which they then performed to their families and friends on Thursday 7 December. It was a very professional looking and well put together performance. We were particularly proud of how much time they spent perfecting their songs so that they were just right, instead of just leaving it at good! Well done Years 3 and 4.



## News from Reception

The reception classes have had another wonderful term from coming to school in our pyjamas for a special introduction to our class story, weekly forest school sessions, Children in Need and learning about Diwali.

We have all made such amazing progress in our phonics having moved onto phase 3 sounds already! Bedtime Bear has been making the rounds, visiting children's houses over the weekends for a cosy story and hot chocolate.

We also started our fortnightly welly walks - donning out all weather gear to walk around our local area. Thank you to all the parents who have supported us on these walks.

We wish you a Merry Christmas and see you in the New Year.





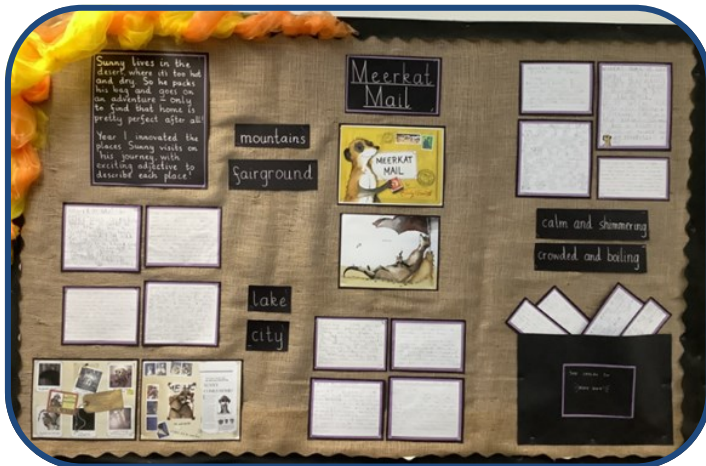
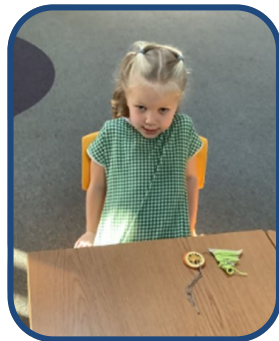
## News from Year 1

What an exciting Term 2 for Year 1! As citizens we voted in our student council and made beautiful environmentally-friendly Christmas decorations to donate to a local church.

As authors we have produced some exciting innovated stories using exciting adjectives, showcased in a new display.

As scientists we have learned about the seasons with some hands-on experiments to demonstrate rain (in a jar) and feel wind with a wind sock. We also enjoyed an interactive visit from the Explorer Dome, teaching us all about winter.

All this amazing learning on top of beautiful performances in the KS1 nativity!



## News from Year 2

Year 2 have been working really hard being designers to create these amazing tie dye t-shirts! We definitely have some future fashion designers on our hands!

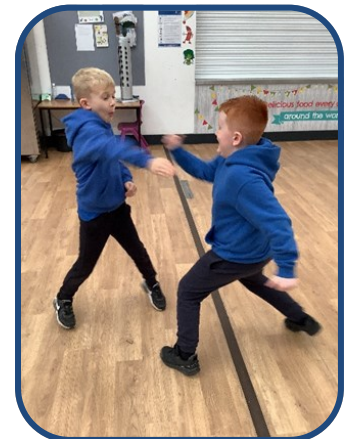
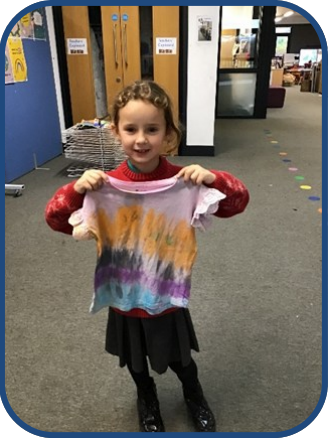
We all had a great time at the festive lunch last week! Thanks to the kitchen team for working so hard!



### News from Year 3

We are very proud of the learners in Year 3 who have been working so hard this term and using their Emerald power consistently.

We have enjoyed building sculptures, a visit from the Explorer Dome, BoxFit sessions and Children in Need day.



## News from Year 4

In science this term, Year 4 have been exploring light and shadows. In class, we investigated how light travels, how light reflects off of shiny surfaces, transparent, translucent and opaque objects as well as how shadows are formed.



To support our learning, we had a visit from the explorer dome. Their experience in the dome developed their knowledge further.



As Artists, we have explored 3D sculptures. We have planned and made coil pots and Christmas sculptures. The children really enjoyed adding colour to their clay models.



As part of our PE enrichment, we participated in boxfit. The children learnt skills such as dodging and worked on their fitness levels .



As Historians Year 4 researched the events leading up to Battle of Hastings and the end of the Anglo-Saxon/Viking era. We then created our own Bayeux Tapestry to show the events up to the Norman conquest.



To celebrate the end of term and Christmas, the children had a festive lunch after a fantastic performance of Christmas songs to their families.



## NEWS FROM MIDDLE SCHOOL

### News from Year 5

Science in Year 5 - students have had lots of fun carrying out various experiments this term! From testing air resistance by making parachutes to measuring the force of friction using newton meters!



Progressive Sports enrichment - Year 5 had a great time with Miss Hunt this term taking part in the Boxfit enrichment session! They enjoyed showing their fitness boxing skills and competing against each other to earn the most points in several boxing exercises.



School of Rock - It was a fantastic morning taking our Year 5 students to Bristol Met Academy to see their production of the School of Rock! The show was exceptionally well produced and students really enjoyed watching a great performance!

Forest School - This term we've really enjoyed taking part in Forest School sessions each week this term. The students absolutely love being outdoors and making our forest school are a fun place to be!

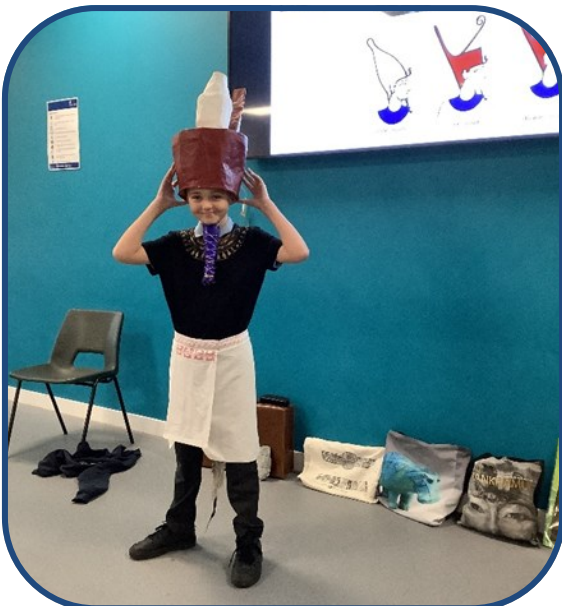
### Year 5 Gymnastics Star!

Shaya has been in the Majestic Gymnastics Club from the age of 4! She has worked her way up through the development classes and now is in primary 4. Shaya does 10 hours a week training for gymnastics. She won her last medal with her team at K2 Crawley Sports Centre with the team placing 1st and winning Gold! They performed a beautiful floor routine and completed trampet, tumble and vault skills! We're all very impressed with Shaya's dedication to her sport!



### News from Year 6

Year 6 have been working hard this term across the curriculum. We've had some fun lessons as Historians, including a WOW day with an Ancient Egyptian specialist. The children learned about hieroglyphics and how code crackers were able to decipher them; they also explored real artefacts and made their own scarab beetle: an important symbol in Ancient Egypt.



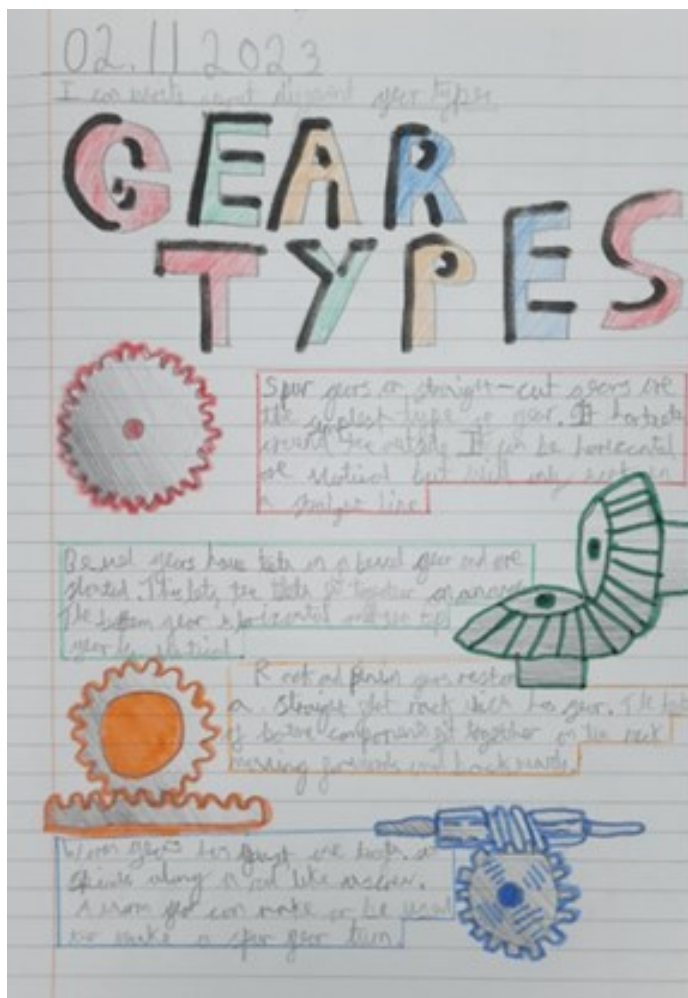
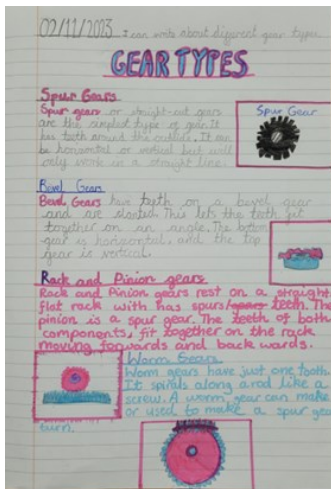
As scientists this term, we've been learning about light and prisms and even had a chance to investigate what makes a rainbow in a science lab in the Upper School!

As Authors, we've been exploring the idea of living forever and the children have written their own prequel story, linked to our class text, as well as a discussion around whether people should be allowed to live forever or not.

Finally, the children loved their trip to the School of Rock musical and left feeling inspired for their very own Year 6 Production, which will happen at the end of the school year!



In DT Year 6 have been exploring mechanisms and how different gears work.



## News from Year 7

As we approach the end of what has been a truly fantastic term, we wanted to take a moment to reflect on the incredible achievements and experiences that have made this year in Year 7 truly special. The enthusiasm, dedication, and camaraderie displayed by our students have been fantastic to see.

### STEM Days with Airbus and Dell:

One of the highlights of this term was our engaging STEM Days, where students had the incredible opportunity to interact with professionals from Airbus and Dell. These industry giants brought real-world insights into the fields of science, technology, engineering, and mathematics, inspiring our students to dream big and aim high. The excitement and curiosity sparked during these events will undoubtedly leave a lasting impact on their educational journey.

### Triumphs on the Football Field:

Our female football team has been on fire this term, achieving outstanding results on the field. Their hard work, teamwork, and sportsmanship have not only brought victories but have also become a source of pride for our entire school community. Congratulations to our talented athletes for their dedication and success!

### Growing a Culture of Caring and Succeeding:

Beyond academic and athletic accomplishments, we are delighted to see the emergence of a culture where kindness, empathy, and success go hand in hand. Our students have demonstrated a genuine care for one another, creating a positive and supportive environment that fosters both personal and academic growth. We believe that this culture of caring and succeeding will continue to flourish in the years to come.

As we approach the festive season, we want to take this opportunity to wish each and every one of you a Merry Christmas and a joyous holiday season.

We look forward to the continued growth, learning, and achievements that the future holds for our Year 7 students.

Wishing you all a restful and joyful holiday season!

Mr C Nathan, Head of Year 7

## News from Year 8

It has been another busy term for Year 8:

- Our Girls' Football team have smashed it!
- Amazing culinary delights from Health and Wellbeing with bolognese.
- 70 of our students took part in a Dell STEM workshop, well done to all who took part and also the winners!
- 30 of our students took part in an Airbus STEM workshop in collaboration with Year 7. Well done to the two Year 8 teams who came first and second, and all of the Year 8s for showing excellent behaviour throughout.
- We have another STEM opportunity coming up next year, so nobody will miss out.
- Year 8 participated fantastically in our Anti-Bullying pop-up morning.
- We raised money for Children In Need and Save the Children this term.
- There's been great Blues music and improvisation in Music lessons.
- The Scrappy Monsters in DT were finished off with lots of effort on needlework.
- In French we have been describing where we live, looking at migration in History and researching Africa in Geography.
- We had our English, Maths and Science Parents' Evening, and we look forward to our All-Subject Parents' Evening next year!
- We have all been working really hard on our homework this term with our new-look booklets too, and it has been great to see students seeking support in Homework Club and extra Maths help.
- Lots of students have won awards this term for Working Hard and Being Kind, across all of their subjects.

And last but not least, our Tutor Password Challenge results (it is getting closer every week, and the bottom half are getting stronger!):

8.3 35

8.5 31

8.4 30

8.1 20

8.2 18

Well done everyone - I hope you have a safe, relaxing and enjoyable break, ready to tackle what 2024 brings for us!

Miss H Pearch, Head of Year 8

## NEWS FROM UPPER SCHOOL

### News from Year 9

As we head into the Christmas break, it has been a busy and successful term for many of our Year 9 students. At this point, the summer feels a long way away. The next term is a short term and a chance for our students to come back refreshed and potentially with a few new year resolutions.

In the last week of term we had a visit from GE Aerospace as part of a STEM project organised by Mrs Larkin. Students were able to find out information from designers, engineers and buyers regarding their roles, how to get into such careers and the highlights of their jobs. The students were engaged throughout the talk and were able to ask some interesting questions at the end. Thank you to GE Aerospace for giving our students this opportunity and hopefully being able to link up again in the future.



A number of our Year 9 students performed in the Christmas concert. Even at the end of a long term, the effort, enthusiasm and quality of performance shone through and their performances to a packed audience made for a great evening. I hope that we can see more students involved in future productions/concerts.

Next term is important as we start to think about our option choices for Years 10 and 11. It is important for all students to fully consider the options that are available to them and use this to make sure that they make the best decision for them. Further information will follow. It is likely that there will be a number of assemblies and presentations for students and also a parents information night.

I hope that you have a relaxing break and I look forward to welcoming our students back ready to continue to work hard and be kind in 2024.

Mr A Heath, Head of Year 9

## News from Year 10

As we approach the end of term and the festive season, we would like to take a moment to reflect on the incredible achievements of our Year 10 students. This term has been filled with hard work, dedication, and a true sense of community spirit.

First and foremost, we would like to commend our Year 10 students for their outstanding progress in their GCSE studies. Their commitment to their education has been truly inspiring, and we have witnessed remarkable growth in their knowledge and skills across all subjects. From English to Mathematics, Science to History, their determination to excel has been evident in their consistent thirst for knowledge.

Furthermore, we would like to express our gratitude to the students who participated in our annual Christmas concert. Their talent, enthusiasm, and dedication to the arts were truly remarkable. From the beautiful melodies of the choir to the captivating performances of our drama students, the concert was a resounding success. We are incredibly proud of their hard work and the joy they brought to our school community.

In addition to their academic and artistic achievements, we would like to acknowledge the contributions of our Year 10 students to the school council. Their active involvement in shaping the school's policies and initiatives has been invaluable. They have shown great leadership skills, a strong sense of responsibility, and a genuine desire to make a positive difference within our school community. Their dedication to improving the school environment and representing the student body is truly commendable.

As we celebrate the festive season, let us not forget the incredible achievements of our Year 10 students. Their hard work, determination, and commitment to excellence have set a shining example for all. We are confident that they will continue to thrive and achieve great things in the future.

We would like to extend our heartfelt thanks to all our parents and carers for their unwavering support throughout this term. Your encouragement and involvement have played a significant role in the success of our Year 10 students. We look forward to continuing this journey together in the upcoming year.

Wishing you all a joyful and peaceful holiday season

Mr S Mannin, Head of Year 10

## News from Year 11

Year 11 students have continued to work hard in Term 2 and have settled back into their learning after the mock exam period.

We had a very successful Year 11 Parents' Evening this term. This was a fantastic opportunity for parents/carers to discuss the progress that had been made since the last set of mock exams at the end of Year 10. Students are really engaging with their learning and taking ownership of it. A reflection of this is Year 11 Maths Club has been full for these sessions since parents' evening.

We have also had a variety of colleges and Post 16 providers into assemblies to show the courses that are available for our Year 11 students next year. Mrs Lakin also organised a drop-in session for all Year 11s to discuss courses and opportunities further. Providers such as SGS, Boomsatsuma, Bath College, St Brendon's, City of Bristol College, Robins Foundation, Access Creative College, Bristol School of Acting and Digitech attended and answered students' questions, giving them further advice on options and courses to study next year. This was a really positive and well attended event.







The Year 11 ambassadors and prefects have become involved in the School Council this term and they have led meetings with students across all three schools. This has allowed them to develop their leadership skills and gives students the opportunity to have their opinions listened to. Thank you to all of those students who have given up their time to make this happen.

Next term I am looking to set up a Prom and Leavers' Committee with Year 11 students, to discuss options for the prom, leavers' hoodies and year books. Please have a think about what you would like, and we can discuss this next term.

Well done for your concentration, hard work and commitment to learning this term. I hope you all have a lovely Christmas and a very happy new year. I shall look forward to welcoming you all back in the new year.

Mrs Holtby, Head of Year 11

## Lifeskills at KOA

Lifeskills have created a fantastic realistic village which enabled King's Oak Academy students to learn how to deal with difficult and potentially dangerous situations, in a safe and supportive environment. The students in Year 6 learnt about road and railway safety, how to deal with hazardous scenes set up in kitchens, living rooms and at a substation. They learnt some basic first aid and practised making emergency phone calls.

Each year Lifeskills welcome over 10,000 children to the centre which is based in South Bristol, in the Create Centre and they are currently looking for volunteers to help take children on tours. Volunteering at Lifeskills is really flexible, fun and a great way to learn new skills. If you'd like to visit the centre and learn more about volunteering, call; 01179 224511 or email; [volunteer@lifeskills-bristol.org.uk](mailto:volunteer@lifeskills-bristol.org.uk).

make a difference

Work with children  
Connect with your community  
Enrich lives & learn new skills

**Volunteer at Lifeskills**

Join us for a taster hour!  
Learn more about lifeskills, get in touch.

 **0117 922 4511**  
[volunteer@lifeskills-bristol.org.uk](mailto:volunteer@lifeskills-bristol.org.uk)

### Follow KOA on Social Media



Twitter:  
[@kingsoakacademy](https://twitter.com/kingsoakacademy)



Facebook:  
<https://www.facebook.com/kingsoakacademy/>



Instagram:  
[@kingsoakacademy](https://www.instagram.com/kingsoakacademy)

## Parent Voice Summary at KOA

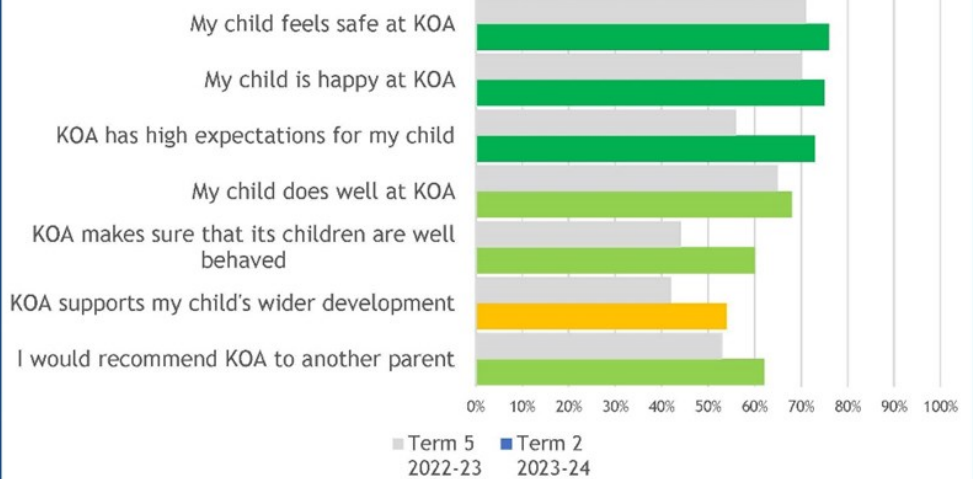
Thank you to the 87 families who responded to our Term 2 Parent Voice Survey. We really appreciated your feedback about what we are doing well and how we can continue to improve in 2023-24. The infographics give a summary of your feedback and a comparison to our Term 5 2022-23 Parent Voice results.



## King's Oak Academy Parent Voice: Term 2 2023-24



### Overall Parent Satisfaction



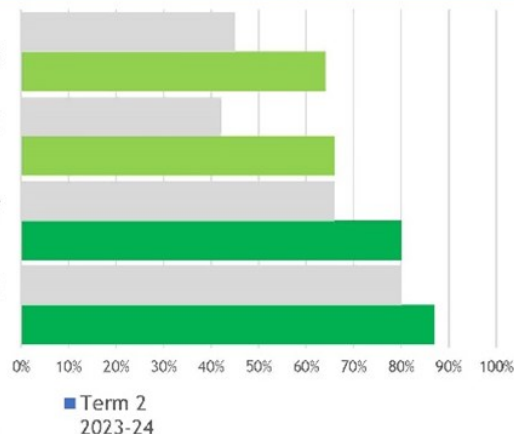
## Quality of Education

KOA lets me know how my child is doing

KOA makes me aware of what my child will learn during the year

There is a good range of subjects for my child to study at KOA

My child can take part in clubs and activities at KOA



## Next Steps...How will we respond to your Term 2 2023/24 Parent Voice?

### Estates:

- **Toilets:** We are continuing to work with our CLF Estates and Projects team to continue to maintain and improve the academy buildings and facilities. This term we have been finishing our A&E block central heating improvement works so that classrooms will feel warmer for your child. We have also been developing our outside areas (e.g. Forest School, Living and Nature Areas). It was lovely to see so many children be involved in these nature projects and we can't wait to see how the project progresses in 2024!

### Support for Parents of Children with SEND

- Lou Roscoe held our first SEND Parent Forum on 29 November (Topic - Neurodiversity) and we were delighted that so many families attended! We will continue to host our SEND parent Q&A forums on the last Wednesday of each month!
- The next forum will be on 13 December & the theme is Social, Emotional and Mental Health

### Enrichment / Positive Activities for Children

- We are continuing to map and plan 'Pop Up Days' to ensure that all children access at least 3 wider curriculum days each year.
- The Term 2 Pop Up Day was held on 1 December and the theme was 'Anti-Bullying' and continued the important anti-bullying work that we completed with your child during National Anti-Bullying Week (13 - 17 November 2023).

### Support for Parents

- **Academic Information Sessions for Parents:** We are increasing the number of parent information sessions (e.g. EYFS/SATS/GCSE information evenings) to help families know and understand what to expect for their child and their learning at different points during the year.
- **Upcoming Diary Date:** The Year 9 Options Evening will be on: Thursday 1 February 2024

### Parking

- We have spoken with our local Neighbourhood Police Team about parking on Brook Road & the local area. Whilst we will continue to do everything we can to enforce the Road Traffic Order and ensure that there are staff present to support children and families at the start and end of the school day, please would all parents remember to:
  - Park cars considerately in the local area - we should not be parking in a manner that blocks residents driveways or on their personal driveway / parking on zig-zag lines or at junctions.
  - Remind your child about walking in a polite and sensible manner to and from school (i.e. giving space on the pavement for members of the public to use / talking and behaving in a respectful manner.
  - Follow the timings and access arrangements for the Brook Road RTO. If you do find yourself waiting for the RTO to end & you are not exempt from the RTO, please do not behave in a verbally or physically aggressive manner towards the Estates Staff who need to enforce the RTO.

## How did we respond to your Term 5 2022/23 Parent Voice?

### You Said, We Did...

You said that you would like...	We Did...
Improved toilet facilities in Y5-11	<ul style="list-style-type: none"> <li>In the summer term and school holidays we invested in building a new toilet block for Y5-11 children to use. This was opened in September 2023.</li> </ul>
More communication in the Middle School about what your child is learning and more regular updates about events that are taking place in school.	<ul style="list-style-type: none"> <li>We introduced the Middle School bulletin that is now shared with families on a fortnightly basis.</li> <li>We also now share our termly topic webs (similar to the Lower School) so that you can find out more about what your child is learning. The topic maps are also stored on our school website.</li> </ul>
A greater range of play equipment for Lower and Middle School children to use at play time & for the classrooms to be refreshed/repainted.	<ul style="list-style-type: none"> <li>We purchased additional play equipment for children to use, painted all Lower School &amp; Year 5/6 classrooms and refreshed our displays in the summer holidays so that they were ready for your child to use in September.</li> </ul>
More opportunities for families to be able to access support either through parenting groups or specialist network groups.	<ul style="list-style-type: none"> <li>Nicky Penlington has continued to run our weekly Coffee Mornings and we now have parents from all phases attending this.</li> <li>We are also continuing to host Triple P parenting sessions for families in 2023-24.</li> <li>We are about to launch our first SEND parent forum/networking group for parents to work with us and connect with other families who might have a child with additional learning needs attending our school.</li> </ul>
More information about how to support your child in upcoming assessments / know more about key KS4 events and information.	<ul style="list-style-type: none"> <li>We hosted our first Year 10 GCSE preparation evening for parents in Term 1. This was really well attended, and it was lovely to be able to have local P16 providers attend as well.</li> <li>We have also planned to host more events like this throughout the year. This will allow parents to receive both written and face-to-face information about KS4 programmes of study so that your child can be well supported at home and at school.</li> </ul>

### A message from the CLF Governance Team

If you have ever considered volunteering within your community, working with and contributing to one of our CLF Academies could be one of the most rewarding things you ever do. If you have the desire to improve children's lives and outcomes, are passionate about the importance of education to change lives for the better then this could be the role for you.

I cherish the role I play in children's education; I live and work within my local community and feel everyone's contributions, no matter how small, can make a real difference to a child's life. As a Councillor I have the opportunity to shape the lives of children and therefore shape the community and society I live within. It is a really rewarding role.

Education is not just about the academic work that children undertake; it is a time when children develop their life skills creating the young adults that join our society; as Councillors we have a chance to help shape their lives and give them opportunities they may otherwise never have.

If you have an enquiring and challenging mind, put it to use and help shape the educational direction of the academy.

As a Councillor, I have had the opportunity to undertake professional roles outside of my own everyday remit and develop a diverse range of skills that are transferable to other areas of my professional life. I would highly recommend a role as an Academy Councillor within the Cabot Learning Federation; the training and opportunities are invaluable, joining really can make a difference.

Why wouldn't you want to?



## Sports Clubs for Primary (Reception —Year 8)

We have both Sporting Chance and Progressive Sports running clubs.

Sporting Chance - <https://www.sportingchance-csp.co.uk/events/2024/01/03/kings-oak-academy-clubs-terms-3-and-4> Follow this link for information about costs and payments.

**Mondays 3-4pm - Reception - Y2: Create & Explore Club**

**Tuesdays 3:10-4:10pm - Y2 - Y6: Gymnastics**

**Wednesdays 3:10-4:10pm - Y1 - Y3: Multi-Sports Club**

**Thursdays 3:10-4:10pm - Y2 - 4: Football Club**

### Create & Explore Club

Create & Explore sessions include activities such as; outdoor arts and crafts, den building, scavenger hunts, orienteering, nature trails, and junk modelling. A fantastic opportunity to use your imagination and creativity to engage in a range of challenges each session.

### Gymnastics

An entry level gymnastics club that will focus on developing a range of balance, floor shapes, travelling, and generally aim to engage all abilities to try gymnastics and enjoy the challenges set.

### Multi-Sports Club

A variety of sports and activities throughout the term - including a range of mini tennis, cricket, team building games, rounders, athletics, football, tag rugby, basketball, dodgeball, and netball.

### Football Club

Football Club will develop key skills such as passing, dribbling, shooting. We play small-sided games to promote teamwork and ensure everyone has fun!

**To enquire or book please visit our website <https://www.sportingchance-csp.co.uk/events>**

Have a look at the clubs available and their days and times on the table on the next page.

### Costs and changes to FSM / PP places

Sporting Chance aim to be as competitively priced as possible to allow children to access the provision. We are going to be offering families the chance to pay in split payments - instead of paying for the entire block up front you can pay in 3 instalments of £17.00. Although there will no longer be unlimited free spaces for 'free schools meals' or 'pupil premium' (FSM/PP) Sporting Chance have decided to offer 2 FSM / PP spaces at every club each term with a voucher code. All you need to do is contact Sporting Chance with your child's' name - we will then cross reference against the FSM / PP list and send you the code\*.

\*This offer will initially be shared on a first come first served basis and then fairly allocated amongst FSM/PP families throughout the school academic year.

Progressive Sports - <https://progressive-sports-south-glos-bristol.classforkids.io/?venueName=Kings%20Oak%20Academy>

Progressive Sports do the KS2 Multi-Sports on Mondays and the Y5/6 Football Team on Fridays. Please book a place using the link above.

## Extra Curricular Clubs – Terms 3 and 4 2023-2024

LOWER SCHOOL	Year Group	Activity	Location	Time	Staff
Monday	R – Y2	Create and Explore	Lower School	15:00 – 16:00	Sporting Chance
	Y3 – Y4	KS2 Multi-Sports	Lower School	15:10 – 16:10	Progressive Sports
	Y3 – Y4	KS2 Girls Football	Astro	15:10 – 16:10	AST
	Y2 – Y4	Choir	Lower School	15:00 – 16:00	JPT
Tuesday	Y2 – Y4	Gymnastics	Lower School	15:10 – 16:10	Sporting Chance
Wednesday	Y1 – Y3	Multi-Sports Club	Lower School	15:10 – 16:10	Sporting Chance
Thursday	Y2 – Y4	Football Club	Lower School	15:10 – 16:10	Sporting Chance
Friday					

MIDDLE SCHOOL	Year Group	Activity	Location	Time	Staff
Monday	Y7 – Y8	Gardening Club	Greenhouse	13:10 - 13:45	JMW
	Y7 – Y8	Maths Homework Club	C18	15:20 – 16:10	ABE
	Y7 – Y8	Drama/Mid Som Festival Club	DA1	15:25 - 16:15	JML/VFE
	Y5 – Y6	KS2 Multi-Sports	Lower School	15:10 – 16:10	Progressive Sports
	Y5 – Y6	KS2 Girls Football	Astro	15:10 – 16:10	AST
	Y7 – Y8	Fitness	Gym 2	15:15	JCK
Tuesday	Y7 – Y8	Girls Rugby	Field	15:15	AJS
	Y7 – Y8	Mid Somerset Festival Club	Drama	13:10 – 13:45	VFE
	Y7 – Y8	Homework Club	C18	13:10 - 13:45	HPH
Wednesday	Y5 – Y6	Gymnastics	Lower School	15:10 – 16:10	Sporting Chance
	Y7 – Y8	Football	Astro	15:15	DJN
	Y7 – Y8	Mid Somerset Festival Club	Drama	13:10 – 13:45	VFE
Thursday	Y7 – Y8	Homework Club	C18	13:10 - 13:45	HPH
	Y5 – Y8	Homework Club	E22	15:10 - 16:00	KSH/EJW
	Y7 – Y8	Art Club	DG2	15:15 - 16:10	DTR/RRY
	Y5 – Y8	STEAM (Science, Technology, Engineering, Art, Maths)	EG2	15:15 – 16:10	CNN
	Y5 – Y8	Warhammer Club	Gym 1	15:10 – 16:10	AWN
	Y7 – Y8	Table Tennis	Astro	15:15	ESE/RHD
	Y7 – Y8	Girls Football	Gym 2	15:15	DJN/ASJ
Friday	Y5 – Y6	Dodgeball			
Friday	Y5 – Y6	Football Team	KS2 Playground	15:10 – 16:10	Progressive Sports

UPPER SCHOOL	Year Group	Activity	Location	Time	Staff
Monday	Y9 – Y11	Gardening Club	Greenhouse	13:10 – 13:45	JMW
	Y9 - Y11	Maths Homework Club	AG8	15:20 - 16:10	AWN
	Y10 - Y11	GCSE Mathematics aiming for Grade 7+	AG7	15:10 - 16:00	SWT
	Y10 – Y11	BTEC Sport Support	EG6	15:15	SHY/AHH
	Y10	BTEC Travel & Tourism Support		15:15	RHD
	Y9 – Y11	Drama Club/Mid Somerset Festival Club	DA1	15:25 - 16:15	JML
	Y9 – Y11	Fitness	Gym 2	15:15	JCK
	Y9	Football	Astro	15:15	LUM
	Y9 – Y11	Girls Rugby	Field	15:15	AJS
Tuesday	Y9 – Y11	Mid Somerset Festival Club	Drama	13:10 – 13:45	VFE
Wednesday	Y9 – Y10	Duke of Edinburgh	Various	15:15	ESE/RHD
Thursday	Y9 – Y11	Mid Somerset Festival Club	Drama	13:10 – 13:45	VFE
Friday	Y9 – Y11	Football Fixtures			
	Y10-Y11	L2 Further Mathematics	AG7	15:10 - 16:00	SWT
	Y10-Y11	GCSE Art/Catch up Club	E24	15:20 – 16:30	LXO
	Y10	Hospitality & Catering Catch Up Club	E14	15:10 – 16:10	DJN/AJS
	Y9 – Y11	Art Club	E22	15:10 – 16:00	KSH/EJW
	Y9 – Y11	Warhammer Club	EG2	15:15 – 16:10	CNN
	Y9	Y9 Music Tech Club	MU3	15:25 - 16:15	JML
	Y9 – Y11	Table Tennis	Gym 1	15:10 – 16:10	AWN
	Y9 - Y10	Girls Football	Astro	15:15	ESE/RHD
	Y9	Dodgeball	Gym 2	15:15	DJN/AJS
Friday	Y10 – Y11	Football	Astro	15:15	JCK
Friday	Y10 – Y11	BTEC Music Support	MU3	15:25 – 16:15	JML
Friday	Y11	Football	Astro	15:15	AHH

From Term 3, you are able to book a place for your child in our free afterschool clubs using the MyChildAtSchool app. This simple process will allow us to better track student attendance at clubs now that there is a wider variety of free clubs on offer. For some of our more popular clubs we will be operating a first come, first served approach through MCAS, so if you are having any issues accessing this, please let us know.

All free afterschool clubs will start on **Monday 8 January 2024**, booking for these will open on **Wednesday 5 January 2024**.

Sporting Chance are paid for clubs and need to be booked in advance direct with them: <https://www.sportingchance-csp.co.uk/events/2024/01/03/kings-oak-academy-clubs-terms-3-and-4>

Progressive Sports Friday football is free but payment is needed for the Monday Club and both need to be booked in advance direct with them: <https://progressive-sports-south-glos-bristol.classforkids.io/?venueName=Kings%20Oak%20Academy>

# FEEL FAB CHRISTMAS STARS



## FIND YOUR CHRISTMAS STARS

NAME \_\_\_\_\_



**HOW MANY**

**DID YOU COLLECT?**

IF YOU NEED TO RESEARCH SOME OF THE ACTIVITIES ONLINE MAKE SURE YOU ASK PERMISSION FIRST. IT'S A GOOD IDEA TO ASK FOR SOME HELP FROM AN ADULT & STAY SAFE WHEN TRYING ANYTHING NEW. Activities can be done in any order. Certificates are available from your school.

Can you achieve CHRISTMAS GOLD by collecting at least 7 stars from the list? Let your teacher know if you do!

We would love to see some of your attempts on Twitter using #FeelFabChristmasStars and tagging: @AshtonSSP @CSETSports1 @NSSPEA1

Go for a 'Christmas lights walk' as a family - where are your favourite lights?



Make Christmas cookies or mince pies. You could go big and make a gingerbread house!



Organise a Christmas movie night or even a whole week, then everyone gets a chance to watch their favourite film.



Make up your own game using balloons. Give it a name and play it with your friends or family.



Perform at least one random act of kindness a day.



Host a Christmas games night and play all of your favourite games.



Is it going to be a white Christmas? If so, why not get outside and have fun! No snow? Enjoy playing outdoors anyway!!



Get creative with art... make a snowman or angel paperchain. Perhaps even design your own tree ornaments.



Set yourself a daily Christmas Star Jump challenge e.g., 3 sets of 10. How many can you do a day?



Make your own Christmas music playlist... what songs will you choose?



Turn your Christmas cards into next year's present tags.



Enjoy reading a Christmas book... maybe a trip to the library is needed?



Make a Christmas table decoration and design your own name place markers for your family.



Ride your bike, walk or scoot for at least 10 minutes a day.



Donate or gift a toy or something else in new or good condition to charity.



Prepare hot chocolate for your friends or family. Will you be adding marshmallows and whipped cream?



## Support for parents and carers of children with SEND

Being a parent of a child with Special Educational Needs or Disabilities (SEND) can be very rewarding. You may, however, feel that you have extra challenges to the normal parenting ones shared by your friends and you may want to seek out advice on what support may be available.

These are some of the local organisations available for families you can access:

[South Glos Parent and Carers](#) – Peer to peer support for families with any disabilities additional need and a representative voice for Parent Carers

[SAY – Send and You](#) provides Special Educational Needs and Disability Information, Advice and Support

[Jigsaw Thornbury](#) support Parents carers and run activities for children and young people

[Incredible Kids](#) support Parents carers and run activities for children and young people

[Gympanzees](#) run a pop up sensory gym and hire out sensory equipment

[NAS South Gloucestershire Branch](#) run a support group for families and activities for the family

[Ups and Down](#) a Down Syndrome support charity serving children and young people, their parents/carers

[Tourettes support group](#) Facebook group offering support

[ADHD support group](#) a support group for families with ADHD based in Keynsham

[Carers Support Centre](#) offer services to carers of all ages in Bristol and South Gloucestershire.

You can find more groups available to parents and carers of children with additional needs by searching our [online directory](#).



Have you heard about our new SEND Local Offer in South Gloucestershire?

It's your source of information on help and support for families and children age 0-25 with special educational needs and disabilities.

Supported by:

- SEND Local Offer South Gloucestershire
- SEND Local Offer South Gloucestershire
- SEND Local Offer South Gloucestershire

SEND LOCAL OFFER SOUTH GLOUCESTERSHIRE



# Support for parents and carers of children with SEND

## Support and help available from national organisations



- There are many national organisations that give information and support to parents of children with Special Educational Needs or Disabilities (SEND).
- Some will be disability specific and others will cater for all types of needs. Part of their support may be an online forum or other information resources that can help support you. Some of the national organisations will also have local branches or groups and will advertise these on their website.
- Here are some national organisations that offer advice and guidance on looking after a child with a disability:
- Contact for families of disabled children provide information about [parent support groups](#) [listening ear service](#) to offer emotional support.
- Scope runs an [online community](#) for disabled people, parents and carers to get disability advice and information
- Mencap run a [family hub](#) to support those caring for someone with a learning disability
- [Mind](#)- mental health charity
- [VoiceAbility](#) supports people to be heard when it matters most. They've been supporting people to be heard in decisions about their health, care, and wellbeing for over 40 years.
- Rethink Mental Illness [provides a carers information hub](#) where carers can find help and advice to support them if they are caring for someone who has a mental health need
- The National Autistic Society has an [online community](#) for families who have children with autism
- [The Hope Programme](#) is a range of face-to-face and digital courses which empower people to manage their health and wellbeing and to flourish in their working and personal lives. They offer a range of course, including a free online [Hope Programme for Parents of Autistic Children](#).
- You can find more national groups available to parents and carers of children with additional needs by searching our [online directory](#).



<https://sgpc.org.uk/>

## Welcome to South Glos Parent Carers

We are the local parent carer forum working to give a voice to parent carers of children (aged 0-25) with Special Educational Needs and Disabilities

### Join our community

Connect with other parent carers in our Facebook group.  
Gain information and support at our community base in Kingswood, as well as online in our workshops and support sessions.  
Sign up to our database to receive emails with the latest SGPC news and events.  
Have your say: take part in one of our surveys or engagement sessions to make your voice heard - we feed back your views anonymously to service providers.

We listen to your experiences and gather your views in an effort to bring about positive change

We connect you with our community of parent carers and offer support - whether your child has a diagnosis or not

We make sure your voice is heard by those who provide services used by your family





==

**Welcome to**

## **South Glos Parent Carers**

**We are the local parent carer forum working to give a voice to parent carers of children (aged 0-25) with Special Educational Needs and Disabilities**

Drop in to our Community Base in Kingswood where you will be welcomed by other parent carers and of course, our Community Support team who have a wealth of SEND knowledge and experience. They can:

- share information and strategies
- signpost you to services
- provide a listening ear over a cuppa

We also hold other information events and activities at our Community Base. See our [events page](#) for all our upcoming dates. We also have a [sensory room](#) which can be accessed by adults and children during the session. If you think this would be of interest to you, please contact us before attending to check availability.

You can download our informative social story:

[Visiting our Community Base.](#)



<https://www.eventbrite.com/cc/drop-in-support-2671769>

**Our Peer Support Team are all Parent Carers ourselves. We offer online and in person drop in support sessions, these are very informal and everyone is welcome. No need to book just pop along to Our Community Base or login online for a cuppa and chat.**


### **Find Our Community Base at:**

- The Kingswood Centre, New Cheltenham Road, Kingswood BS15 4FS
- Thursdays (term time) between 10am – 2pm
- Tea & coffee are available

Bookable events  
through SGPC

<https://>

[www.eventbrite.com/cc/  
bookable-events-  
2671799](https://www.eventbrite.com/cc/bookable-events-2671799)



**School Years**  
WORKSHOP  
For families with children  
aged 5-25

Understanding & Supporting  
BEHAVIOUR

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Behaviour...

Thu, Jan 11 • 10:00 AM

Poole Court, Yate

Free



**All Ages**  
DISCUSSION  
For families with children  
aged 0-25

Understanding & Supporting  
BEHAVIOUR


SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Behaviour...

Wed, Jan 17 • 10:00 AM GMT

Free



**SGPC**  
South Gloucestershire Parent Carers


ONLINE TRAINING

Suicide Awareness  
for Parents and  
Carers

Suicide Awareness for  
Parents and Carers ONLINE

Wed, Jan 17 • 10:00 AM GMT

Free



**Early Years**  
WORKSHOP  
For families with children age 0-5

Understanding & Supporting  
BEHAVIOUR

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Behaviour for...

Tue, Jan 23 • 10:00 AM

The Kingswood Centre

Free



**School Years**  
WORKSHOP  
For families with children  
aged 5-25

Understanding & Supporting  
COMMUNICATION

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Communication

Thu, Jan 25 • 10:00 AM

Poole Court, Yate

Free



**All Ages**  
DISCUSSION  
For families with children  
aged 0-25

Understanding & Supporting  
COMMUNICATION

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Communication...

Tue, Jan 30 • 10:00 AM

The Kingswood Centre

Free



**Early Years**  
DISCUSSION  
For families with children age 0-5

Understanding & Supporting  
SENSORY DIFFERENCES

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Early Years Discussion on  
Sensory Differences - ONLINE

Tue, Jan 30 • 7:30 PM GMT



**MAKATON**  
TASTER  
WORKSHOP  
For families with  
children aged 0-5

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

An introduction to Makaton -  
workshop for families with...

Tue, Feb 6 • 10:00 AM



**School Years**  
WORKSHOP  
For families with children  
aged 5-25

Understanding & Supporting  
ANXIETY

SGPC  
South Gloucestershire Parent Carers

NTFS  
North Gloucestershire  
and South Gloucestershire  
Integrated Care System

Understanding and  
Supporting Anxiety

Tue, Feb 8 • 10:00 AM

# JIGSAW Thornbury

<https://www.jigsawthornbury.org.uk/>

JIGSAW Thornbury is a charity that works with all children and young people with additional needs or disabilities, and their families.

We provide friendship, support, compassion and fun, along with innovative services that empower them to connect, fit in and thrive. Everything we do is driven by the passion of our staff and volunteers. As well as being life changing for the young people and families we assist, our services are invaluable for the wider community too.

We enhance inclusion by helping everyone understand the challenges that those with additional needs face and the unique strengths and qualities they bring.

## FIND US

JIGSAW Thornbury,  
15/17 St Mary Street,  
Thornbury,  
Bristol

BS35 2AB

## PHONE

Telephone: 01454 567508



Mon	Tue	Wed	Thu	Fri	Sat	Sun
DECEMBER 11	TODAY 12 E  Tuesday Group 10:00am	E  JIGSAW Christmas Afternoon Tea 12:30pm	E  Developing through the Senses 10:00am	15	16	17
18	19	20	21	22	23	24
		E  Youth Empowerment Sessions 6:30pm	E  Home Ed Goes Wild 12:30pm	E  Meet Father Christmas at Tynesfield National Trust House 3.45pm		
25	26	27	28	29	30	31
			E  Meet Father Christmas at Tynesfield National Trust House 4.30pm			
JANUARY 1	2	3	4	5	6	7
					E  Family Forest Fun 10:00am	
8	9	10	11	12	13	14
	E  Tuesday Group 10:00am	E  Youth Empowerment Sessions 6:30pm				
	E  JIGSAW small group Gym session with Personal Trainer 5pm					
	E  JIGSAW small group Gym session with Personal Trainer 5:00pm					

# National autistic society



<https://www.autism.org.uk/what-we-do/branches/south-gloucestershire>

- **Type of service: Local groups**
- The National Autistic Society's South Gloucestershire branch offers support to parents and carers of autistic children and young people (including those with a diagnosis of Asperger syndrome or speech, language and communication needs). The branch has an evening support group that meets on the second Wednesday of the month from 7-9pm. In addition to this we hold a monthly science club and youth group for autistic children and young people.
- At the moment we run four youth groups per month, two family days every year and one support group per month as well as our bi-annual fundraisers.
- **Our activities run as follows:**
- 1st Saturday of the month is a Games Group made up of two sessions: session one is for 10-13 year olds and session two is for 14-19 year olds
- 2nd Saturday is a Science Group for 7-14 year olds
- 3rd Saturday is a Drama Group for 7-14 year olds
- 4th Saturday is a variable activity which usually lasts for two hours. The age range for the session varies depending on the activity. The activity could be bowling, trampolining, graffiti art, drumming, swimming, climbing or golf
- 1st Tuesday is Evening Support for 2 hours
- 3rd Wednesday is Daytime Support for 2 hours.

Our family days are held at Christmas and in the summer.

You can contact us by phone email or post: Donna Jones - Branch Chair: southgloucestershire.branch@nas.org.uk

## South Gloucestershire branch

The National Autistic Society's South Gloucestershire branch offers support to parents and carers of autistic children and young people (including those with a diagnosis of Asperger syndrome or speech, language and communication needs).

# NHS talking therapies:

<https://www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/bristol-north-somerset-and-south-gloucestershire-mental-health-services/>



**Bristol, North Somerset & South Gloucestershire**

**NHS**  
Providing NHS services

We offer a range of Talking Therapies to adults aged 16 and over, who live and are registered with a GP in Bristol, North Somerset and South Gloucestershire

Self-refer now

## How can we help?

We aim to help people to improve their mental health and wellbeing when facing difficulties with:

When you're depressed you feel persistently sad for weeks or months, rather than just a few days.	Low mood	Excessive worry or overthinking	Excessive worry about your health or physical condition	Social anxiety
Panic attacks	Body Dysmorphic Disorder	Phobia(s)	Obsessive Compulsive Disorder (OCD)	Experience of a traumatic event

## A free and confidential NHS service

We all experience difficult times when we feel like we can't cope. These incidents can affect your everyday life and prevent you from leading a normal life.

If you are suffering from depression, anxiety, post-traumatic stress disorder, excessive worry or low mood, then VitaMinds can help.

VitaMinds works in partnership with the NHS to offer a range of short-term Talking Therapies known as IAPT (Improving Access to Psychological Therapies) to adults 16-years and over, who live and are registered with a GP in Bristol, North Somerset and South Gloucestershire.

VitaMinds is a **FREE** service and you don't need to visit a GP to get help - the options for referring to the service are shown below.

# Christmas Engineering Club

Monday 18th December at The  
Park Centre  
Kingswood BS15 4AR

Looking for a fun and creative holiday activity?  
Join us for hands-on activities exploring science and  
engineering with a Christmas theme.



Who can build  
the fastest car  
and the slowest  
parachute?



Educational fun for all the family.

Using a variety of materials we will build cars, planes  
and parachutes to see how they move through the  
air.



10 a m - 12 p m

12 p m - 2 p m

You can book for the morning,  
afternoon or both sessions.



The club is for children aged 5 upwards.  
Children under 9 must be accompanied by an adult.

Fully funded for children eligible for free school meals.  
(Usually £15 per child, per session). Adults free.

Lunch provided for children.  
Free light refreshments for parents.

To book a place please visit:  
<https://eequ.org/experience/5528>

Contact for more information:  
[accounts@bloodhoundeducation.com](mailto:accounts@bloodhoundeducation.com)





Dear Parents & Carers,

Instructor Nick here - Taekwon-Do is at King's Oak students & we are offering a Month Free! It's on Mondays, spaces will be limited and may be subject to a waiting list. It's all about high performance freestyle Tae Kwon-Do & developing that Self-control and Confidence. Yes, we have the black belts, kicks and tricks, but it's all about:

**T**eamwork  
**I**ntegrity  
**G**rowth  
**E**nergy  
**R**espect  
**S**elf-Control



The upcoming 4 week free trial will run at Kingswood Community Centre starting Monday 8th January and continue at that location going forward:

Infants (School Yr 1-2): Mondays 6:20-7:00

Juniors (School Yr 3+): Mondays 7:00-7:45

Please do not enter the building on pickup, release will be outside.

Our classes are the lowest priced pro Tae Kwon-Do sessions in the area! After the free trial, should you wish to continue, classes are just £34 a month, which includes all training, belts, gradings, replacement uniforms, patches, licensing & insurance. Siblings train at a huge £9 per month discount too!

To register your child via mobile or desktop, please fill out this short form: [www.tigermartialarts.club/monthfree](http://www.tigermartialarts.club/monthfree)

Should you have any questions, feel free to contact Kat, TMA admin by email: [admin@tigermartialarts.club](mailto:admin@tigermartialarts.club) or by phone between 10am-3pm 07921855900.

Once booked, we'll contact you before the start to confirm details. To find out more: [www.tigermartialarts.club](http://www.tigermartialarts.club)

Thanks as always for your support,

*Instructor Nick*

Head Instructor - Tiger Martial Arts

## Cost of living winter social media toolkit

Many people are worried about the rising cost of living, with the current price of food and energy putting pressure on many families.

For guidance on what financial support is available and advice on local services visit our dedicated **cost of living website** at [www.southglos.gov.uk/costofliving](http://www.southglos.gov.uk/costofliving)

Residents can also call the council's **freephone helpline** on 0800 953 7778 between 8.45am and 5pm Monday to Thursday and 8.45am to 4.30pm Friday.

Our **One Stop Shops** in Kingswood, Yate and Patchway are open Monday to Wednesday 8.45am to 5pm, and Thursday and Friday 8.45am to 4.30pm.

**Community Welcome Spaces** are open across South Gloucestershire providing a warm and friendly welcome. Some offer hot drinks, activities and facilities plus information on local financial support available, energy saving tips and government cost of living help. To find a Community Welcome Space visit [www.southglos.gov.uk/community-welcome-spaces](http://www.southglos.gov.uk/community-welcome-spaces)

Support is also available to make sure residents are **getting enough to eat**. For advice on emergency food aid, healthy start vouchers, free school meals and more, visit <https://oneyou.southglos.gov.uk/for-your-body/eat-well/food-poverty-support>

Free **mental health and wellbeing** support is also available at [www.oneyou.southglos.gov.uk](http://www.oneyou.southglos.gov.uk)

South Gloucestershire libraries are always free to visit and host a variety of activities for children. Information can be found at <https://beta.southglos.gov.uk/holiday-activities>

For information on other free activities and days out, as well as signposting residents to cost of living help and support, please see suggested social media posts and images below.

Messages can also be shared from the council's social media platforms:

Facebook: [www.facebook.com/sqloscouncil](http://www.facebook.com/sqloscouncil)

Instagram: [www.instagram.com/southgloscouncil](http://www.instagram.com/southgloscouncil)

Twitter: [www.twitter.com/sqloscouncil](http://www.twitter.com/sqloscouncil)

See Posters on next two pages for more information.

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Go on a nature walk

<https://wapleybushes.info/>

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Visit a museum

[www.southglos.gov.uk/tourism](http://www.southglos.gov.uk/tourism)

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Visit a library

[www.facebook.com/sgloslibraries](https://www.facebook.com/sgloslibraries)

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Learn something new

[www.southglos.gov.uk/costofliving](http://www.southglos.gov.uk/costofliving)

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Get moving

[www.southglos.gov.uk/costofliving](http://www.southglos.gov.uk/costofliving)

# Feel-good activities to try this winter

South Gloucestershire Council  
Delivering for you



Give something back

<https://beta.southglos.gov.uk/volunteering/>

**Feel-good activities  
to try this winter**

South Gloucestershire Council  
Delivering for you

Make a bird feeder

[www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities](http://www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities)

We might be able to help with the rising **cost of living**

South Gloucestershire Council  
Delivering for you

[www.southglos.gov.uk/costofliving](http://www.southglos.gov.uk/costofliving)

**Are you getting enough to eat?**

South Gloucestershire Council  
Delivering for you

<https://oneyou.southglos.gov.uk/for-your-body/eat-well/food-poverty-support>

Support is available.  
Scan here:

South Gloucestershire Council  
Delivering for you

**Community  
Welcome Spaces**

[www.southglos.gov.uk/community-welcome-spaces](http://www.southglos.gov.uk/community-welcome-spaces)

Is the rising **cost of living** affecting your **mental health?**

South Gloucestershire Council  
Delivering for you

[www.oneyou.southglos.gov.uk](http://www.oneyou.southglos.gov.uk)

# Face-to-face Routes into STEM 2023/24

Routes into STEM is an experience that provides an amazing opportunity to help students understand the different routes to further STEM education and career pathways.

## Who is it for?

Students in Year 9 and 10 who are interested in finding out more about STEM careers. Students should also be within one-hour of travel distance of locations.

## What is involved?

- A three-day local experience that includes a day in a college, a day in a university and a day at a STEM company local to them
- Students will explore STEM careers, participate in interactive workshops, site tours and hear from young professionals

## What are the outcomes?

- Gain first-hand information and experience hands on activities at STEM educational providers and companies to make informed decisions about their future
- Go on campus tours and get thinking about future studies in a mature and informed manner
- Speak with apprentices/graduates about their experiences
- Develop valuable skills such as presentation skills, team-building, and social skills, and see how they can be applied to their CV, Application Form or Personal Statement
- Become a Bronze Industrial Cadet

## Bristol dates & locations

- Tuesday 13th February 2024 - College Day - TBC
- Wednesday 14th February 2024 - University Day - TBC
- Thursday 15th February 2024 - STEM Company Day - TBC

## Cost / Funding

£175 for all 3 days. Bursary places are available, to indicate your interest simply select the option on our application form.

To apply, please visit our website [here](#) or **scan the QR code!**

### What our students say

*"I loved everything about the course especially the hands on experiences"*

*"The course was fun, I met alot of like minded people!"*

100% felt that they had improved their skills and knowledge by taking part in the Routes into STEM experience

100% of students would recommend the course to a friend or family member



# Primary Extra Curricular Clubs

## Term 3



Teacher run clubs

Monday Y3-6 3.10pm-4.10pm  
**KS2 Multi-Sports**

Friday Y5-6 3.10pm-4.10pm  
**Football Team**

Monday – Y3-6 3.10pm-4.10pm

**KS2 Girls Football**

Thursday 3.10pm-4.10pm  
**Table Tennis Y5-8**

Sign up using sports [clubs](#) letter and return to Miss Southcott.



Sign up using their website. Scan the QR code.



Sign up using their website. Scan the QR code.

Dear Parents/Carers,

Unfortunately, we are no longer able to fund unlimited pupil premium spaces on Sporting Chance clubs due to lack of budget.

However, the team at Sporting Chance have decided to offer 2 FSM / PP spaces at every club each term with a voucher code. All you need to do is contact Sporting Chance with your child's name - they will then cross reference against the FSM / PP list and send you the code. This will be based on a first come first serve basis to begin with and then allocated fairly over the rest of the year.



# Girls aged 9,10,11 years



- ⚽ Fun, Friendly & Inclusive
- ⚽ No trials, just play!
- ⚽ Run by qualified female coach
- ⚽ 4G floodlight training pitch & quality home ground pitch
- ⚽ All abilities welcome
- ⚽ Two sessions per week
- ⚽ Monthly payment contribution
- ⚽ Friendly matches & summer tournaments
- ⚽ Working towards league entry 24/25

Contact for more info:  
[hannahpugh@outlook.com](mailto:hannahpugh@outlook.com)



Wick Sports Ground  
Oldbury Lane  
Wick  
BS30 5RJ

# KIDS XMAS CAMP

## Staple Hill Primary School



**FULLY FUNDED** for children on benefit related free school meals

### COURSE DATES

18TH DEC - 22ND DEC 2023

AGES: 5-11 YEARS

TIMES: 9AM - 3PM



**Join our Children's Sports Camp! Experience sports, fencing and yoga. Ages 5-11 can enjoy a week of fun, fitness, and adventure with included lunch. Build skills, make friends, and create lasting memories. Limited spots available—reserve your spot now**

Scan here to book now or head to [www.pro-coaching.co.uk](http://www.pro-coaching.co.uk)



# SHOW YOU CARE

## DON'T PARK ON THE ZIG ZAGS

### YOU COULD ENDANGER A CHILD'S LIFE



# NEVER PARK ON THE ZIG - ZAGS!

Please help to keep ALL our children safe - never park on our Zig Zags

SCHOOL KEEP CLEAR



Covid-19

# Local and financial support for South Gloucestershire



Delivering for you

**Covid-19** has had a major effect on our lives. Many of us are facing challenges. This leaflet lists help available. Book an appointment with a One Stop Shop Advisor to get the help you need.

📞 01454 868009

✉️ [OSSappointments@southglos.gov.uk](mailto:OSSappointments@southglos.gov.uk)



[www.southglos.gov.uk/oss](http://www.southglos.gov.uk/oss)

## Finance



### Financial support from South Gloucestershire Council

- i** We offer grants, welfare support and reduction schemes to help those on low or no income or struggling with financial pressures. Book an appointment with a One Stop Shop Advisor to get the help you need.

 01454 868009

 [www.southglos.gov.uk/oss](http://www.southglos.gov.uk/oss)

### Already on benefits and your income has changed


- i** If you are already receiving benefits and your income drops or increases you must notify the Department for Work and Pensions as soon as possible. They will then reassess how much you are entitled to receive.

 0800 328 5644

 [www.gov.uk/report-benefits-change-circumstances](http://www.gov.uk/report-benefits-change-circumstances)

### North Bristol Advice Centre


- i** Free and independent advice and support. Debt and welfare benefits specialists, including representation at appeal.


 0117 951 5751


 [www.northbristoladvice.org.uk](http://www.northbristoladvice.org.uk)

### Accessing benefits for the first time – Universal Credit

- i** Universal Credit is a working-age benefit for people on low or no income. You need to apply online to the Department of Work and Pensions (DWP). You can get help with this at our One Stop Shops. We can also advise on other benefits and services that might be available to you.

 DWP 01454 868002

 South Gloucestershire Council  
01454 868009

 [www.southglos.gov.uk/universalcredit](http://www.southglos.gov.uk/universalcredit)

Mortgage  
payment  
holiday

Universal  
credit

Housing  
benefit

Welfare  
grant



## Citizens Advice

- Free and confidential advice on a range of areas including benefits, work, debt, housing to help you find the way forward.

0808 278 7947

[www.southgloscab.org.uk](http://www.southgloscab.org.uk)

## Talking money

- Free and independent advice on debt, energy debt, benefits and income maximisation.

0800 121 4511

[www.talkingmoney.org.uk](http://www.talkingmoney.org.uk)

## Bristol Law Centre

- Free legal advice in specialist areas of social welfare law, and also represents clients in court.

0117 924 8662  
between 10am-12pm & 2-4pm  
to discuss the help you need

[www.bristolawcentre.org.uk](http://www.bristolawcentre.org.uk)



## Employment



### South Gloucestershire Council support

- You can find out about community learning schemes to help you gain skills needed to get into work. If you are working, you can also get help to improve your skills to develop your career.

01454 868009

[www.southglos.gov.uk/education-and-learning](http://www.southglos.gov.uk/education-and-learning)

### Job centre plus

- Support in finding employment and applying for benefits.

0800 169 0190

[gov.uk](http://gov.uk) for job centres and employment support

### West of England Combined Authority: Realising Talent

- Free support for young people's wellbeing and life skills so education, training and career opportunities can be achieved beyond GCSEs.

[www.westofengland-ca.gov.uk/skills/realising-talent](http://www.westofengland-ca.gov.uk/skills/realising-talent)

## Getting enough food to eat

### Food banks

- i** Short-term, emergency support with food during a crisis. Most food banks need a referral, you cannot just show up. Apply for a food bank voucher through the councils One Stop Shop.

 01454 868009

 [www.southglos.gov.uk/oss](http://www.southglos.gov.uk/oss)

### Healthy Start


- i** If you're pregnant or have a child under 4, this scheme can help you buy milk, infant formula, fruit and vegetables. Speak to your health visitor, GP or Children's Centre about how to apply to the scheme.

 [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)

### Community meals

- i** South Gloucestershire community meals, which is sometimes called 'meals on wheels', is a meal delivery and welfare check service for residents who have difficulty preparing food or need help to have regular, nutritious cooked meals.

 01454 865996

 [www.southglos.gov.uk/communitymeals](http://www.southglos.gov.uk/communitymeals)



### Free School Meals

#### **i** Universal Infant Free School Meals (UIFSM)

All children in reception, year 1 and 2 can have free school meals.


#### **Free School Meals (FSM)**

Your child may be able to get free school meals if you receive qualifying benefits. You can apply via the website below.

 [www.southglos.gov.uk/schoolmeals](http://www.southglos.gov.uk/schoolmeals)

### Southern Brooks

- i** Advice with food deliveries, prescriptions, mental health support and much more.

 03335774666

 [www.southernbrooks.org.uk](http://www.southernbrooks.org.uk)


## Emotional, physical and wellbeing support



### Age UK South Gloucestershire

- i** A range of local services including Activity Day Centres, Community Services, Befriending, telephone and home visiting.

 01454 411 707

 [www.ageuk.org.uk/southgloucestershire](http://www.ageuk.org.uk/southgloucestershire)

### One You South Gloucestershire

- i** Our friendly team can provide telephone and/or email support to enable you to build your healthier future and work towards goals such as manage your weight, quit smoking, move more, improve your wellbeing or drink less.

 01454 865337

 [oneyou.southglos.gov.uk](http://oneyou.southglos.gov.uk)

### Next Link domestic support service

- i** Providing local domestic abuse support services for women and men, women's mental health support services and independent support for victims of rape and sexual abuse.

 0800 470 0280

 [www.nextlinkhousing.co.uk](http://www.nextlinkhousing.co.uk)

### Local NHS 24/7 Support & Connect Helpline

- i** The NHS 24/7 helpline is staffed by experienced counsellors who will talk to callers and offer immediate emotional support and signpost to other local support services.

 0800 0126549


Textphone users can dial 18001 followed by 0800 0126549. Translators can support a call if English is not the callers first language. The line is also equipped for those with speech and language difficulties.

 [www.vitahealthgroup.co.uk](http://www.vitahealthgroup.co.uk)

### South Gloucestershire over 50s Forum

- i** A local community group to support people aged over 50 with local meetings and online events.

 07967 102141

 [www.southgloover50sforum.org.uk](http://www.southgloover50sforum.org.uk)





# Housing



## Homechoice


- i** This council service offer includes applying and bidding for social housing if eligible and free and impartial advice regarding housing options, including for people in housing need and those who are homeless.

 01454 868005

 [homechoice.southglos.gov.uk](http://homechoice.southglos.gov.uk)

## Shelter


- i** Shelter are a national charity who help those who are struggling with poor housing or homelessness with advice, support, and legal services.


 0808 800 4444

 [www.england.shelter.org.uk](http://www.england.shelter.org.uk)

## Warm and Well

- i** This service provides energy grants to residents on South Gloucestershire Council's behalf and free energy efficiency advice to all householders and landlords.


 0800 500 3076

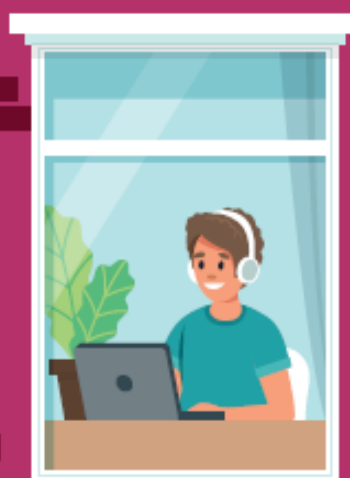
 [www.warmandwell.co.uk](http://www.warmandwell.co.uk)

## Lendology

- i** South Gloucestershire Council work in partnership with not-for-profit lender Lendology CIC (previously named Wessex Resolutions CIC) to provide eligible homeowners with low cost loans for essential home repairs.

 01823 461099

 [www.lendology.org.uk](http://www.lendology.org.uk)



This leaflet provides information about financial, housing, food and other support available in South Gloucestershire. If you would like this information in a different format, for example: Braille, audio format, large print, computer file or a language other than English, please contact Tel: 01454 868009.

توفر هذه النشرة معلومات حول الدعم المتعلق بالجوانب المالية والإسكان وبالغذاء وأنواع الدعم الأخرى المتاحة في جنوب جلوسسترشاير. إذا كنت ترغب في الحصول على هذه المعلومات بتنسيق مختلف، على سبيل المثال: مطبوعًا بطريقة برايل، تنسيق صوتي، طباعة بأحرف وخطوط كبيرة، ملف كمبيوتر أو لغة أخرى غير الإنجليزية، فيرجى الاتصال على الهاتف: 01454 868009.

Тази листовка предоставя информация за финансова, жилищна, хранителна и друга помощ, предлагана в Южен Глостършир. Ако искате тази информация в различен формат, например: брайлово писмо, аудио формат, едър шрифт, компютърен файл или език, различен от английски, моля, обадете се на телефон: 01454 868009.

本传单提供有关南格洛斯特郡财政、住房、食品以及其他支持的信息。如需获取其他格式的信息，例如：盲文、音频格式、大号字体、电脑文件或其他语言版本，请致电：01454 868009。

本傳單介紹英格蘭南格洛斯特區所提供財務、住居、食物和其他支援的資訊。如您需要此資訊其他格式的版本，例如：點字、音訊格式、大字體印刷、電腦檔案或英文以外語言，請撥以下電話號碼聯絡：01454 868009。

Este folleto ofrece información sobre las ayudas financieras, de vivienda, de alimentación y de otro tipo disponibles en South Gloucestershire. Si desea esta información en otro formato, por ejemplo: braille, formato de audio, letra grande, archivo informático o un idioma distinto del inglés, contáctenos a través del tel.: 01454 868009.

આ પત્રિકા South Gloucestershireમાં ઉપલબ્ધ આર્થિક, આવાસ, ખોરાક અને અન્ય સહાયતા વિશે માહિતી આપે છે. જો તમે આ માહિતી અન્ય કોઈ સ્વરૂપમાં મેળવવા ઇચ્છતા હો, દાખલા તરીકે: બ્રેઇલ, ઓડિયો ફોર્મેટ, મોટા અક્ષરો, કમ્પ્યુટર ફાઇલ અથવા અંગ્રેજી સિવાયની અન્ય ભાષામાં તો કૃપા કરીને આ નંબર પર ફોન કરો: 01454 868009.

यह पत्रक South Gloucestershire में उपलब्ध वित्तीय, आवास, भोजन और अन्य सहायता के बारे में जानकारी प्रदान करता है। यदि आप यह जानकारी एक अलग प्रारूप में प्राप्त करना चाहते हैं, उदाहरण के तौर पर: ब्रेल, ऑडियो प्रारूप, बड़े प्रिंट, कंप्यूटर फ़ाइल या अंग्रेजी के अलावा अन्य भाषा में, तो कृपया इस टेलिफोन पर संपर्क करें: 01454 868009

Ez a broszúra tájékoztatást nyújt a South Gloucestershire területén elérhető pénzügyi, lakhatási, ételmezési és egyéb támogatásokról. Ha a tájékoztatóhoz más formában szeretne hozzáférni, például Braille-írással, hanganyagként, nagy betűmérettel, számítógépes fájlformátumban vagy nem angol nyelven, kérjük, érdeklődjön a következő telefonszámon: 01454 868009.

Il presente opuscolo fornisce informazioni su sostegno finanziario, alloggi, aiuti alimentari e di altro tipo nel South Gloucestershire. Per richiedere queste informazioni in un formato diverso, per esempio: braille, formato audio, caratteri grandi, formato elettronico o in una lingua diversa dall'inglese, si prega di contattare il numero telefonico: 01454 868009.

South Gloucestershire-ൽ ലഭ്യമായ സാമ്പത്തികം, പാർപ്പിടം, ഭക്ഷണം, മറ്റ് സഹായങ്ങൾ എന്നിവയെ കുറിച്ചുള്ള വിവരങ്ങൾ ഈ ലഘുലേഖ നൽകുന്നു. ഈ വിവരങ്ങൾ മറ്റൊരു ഫോർമാറ്റിൽ ലഭിക്കണമെന്ന് നിങ്ങൾ ആഗ്രഹിക്കുന്നുവെങ്കിൽ, ഉദാഹരണത്തിന്: ബ്രെയ്ൽ, ഓഡിയോ ഫോർമാറ്റ്, വലിപ്പത്തിലുള്ള അച്ചടി, കമ്പ്യൂട്ടർ ഫയൽ അല്ലെങ്കിൽ ഇംഗ്ലീഷ് അല്ലാത്തെയുള്ള മറ്റൊരു ഭാഷ, ദയവായി ഇനിപ്പറയുന്ന ടെലിഫോൺ നമ്പറിൽ ബന്ധപ്പെടുക 01454 868009.

ਇਹ ਪਰਚਾ South Gloucestershire ਵਿੱਚ ਉਪਲਬਧ ਵਿੱਤੀ, ਰਿਹਾਇਸ਼ੀ, ਭੋਜਨ ਅਤੇ ਹੋਰ ਸਹਾਇਤਾ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦਾ ਹੈ। ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ, ਜਿਵੇਂ ਕਿ: ਬ੍ਰੇਲ, ਆਡੀਓ ਡਾਕੂਮੈਂਟ, ਵੱਡੇ ਅੱਖਰਾਂ ਵਾਲਾ ਪ੍ਰਿੰਟ, ਕੰਪਿਊਟਰ ਫਾਈਲ ਜਾਂ ਅੰਗ੍ਰੇਜ਼ੀ ਤੋਂ ਇਲਾਵਾ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਵਿੱਚ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਟੈਲੀਫੋਨ ਨੰਬਰ 01454 868009 'ਤੇ ਸੰਪਰਕ ਕਰੋ।

Niniejsza ulotka zawiera informacje na temat pomocy finansowej, mieszkaniowej, żywieniowej i innej dostępnej pomocy w South Gloucestershire. Jeśli chcesz otrzymać te informacje w innym formacie, na przykład: w alfabecie Braille'a, formacie audio, dużym druku, pliku komputerowym lub w języku innym niż angielski, prosimy o kontakt pod numerem tel.: 01454 868009.

Este folheto fornece informações sobre financiamento, habitação, alimentação e outros apoios disponíveis em South Gloucestershire. Se desejar estas informações num formato diferente, por exemplo: braille, formato áudio, letras maiúsculas, ficheiro informático ou numa língua diferente do inglês, por favor ligue para o tel: 01454 868009.

Acest pliant oferă informații despre asistență financiară, pentru locuință, alimente și alte tipuri de asistență disponibile în South Gloucestershire. Dacă doriți aceste informații într-un alt format, de exemplu: Braille, format audio, tipărire cu caractere de mari dimensiuni, fișier de computer sau o altă limbă decât engleza, vă rugăm să apelați la numărul de telefon: 01454 868009.

Настоящий лифлет содержит информацию о финансовой, жилищной, продовольственной и другой помощи, доступной в Южном Глостершире. Если вы хотите получить данную информацию в другом формате, например: брайлевской печатью, в аудиоформате, крупным шрифтом, компьютерном файле или не на английском, а других языках, свяжитесь, пожалуйста, по тел: 01454 868009.

இந்தத் துண்டுப்பிரசுரம், South Gloucestershire இல் கிடைக்கப்பெறும் நிதி, வீட்டு வசதி, உணவு மற்றும் பிற ஆதரவுகளைப் பற்றியத் தகவலை வழங்குகிறது. உங்களுக்கு இந்தத் தகவல் வேறு வடிவங்களில் தேவையெனில், எடுத்துக்காட்டாக: பிரெயில், ஆடியோ வடிவம், பெரிய அச்சு, கணினிக் கோப்பு அல்லது ஆங்கிலம் தவிர வேறு மொழி போன்றவை, நீங்கள் தொடர்பு கொள்ளவேண்டிய தொலைபேசி எண்: 01454 868009.

ಈ ಕರಪತ್ರ South Gloucestershire'ನಲ್ಲಿ ಲಭಿಸುವ ಆರ್ಥಿಕ, ಗೃಹ, ಆಹಾರ ಮತ್ತು ಇತರ ಮಧ್ಯಮ ಗುಣದ ಸಮಾಚಾರವನ್ನು ಅಂದಿಸುತ್ತದೆ. ನೀವು ಈ ಸಮಾಚಾರವನ್ನು ಮತ್ತೆ ಪಾರ್ಕ್ ಮಾಡುವುದು: ಟ್ರಯಲ್, ಆಡಿಯೋ ಪಾರ್ಕ್, ಪೆನ್ ಡ್ರೈವ್, ಕಂಪ್ಯೂಟರ್ ಫೈಲ್ ಲೆಡ್ ಇಂಗ್ಲಿಷ್ ಕಾಕುಂಡಾ ಮೇಲೆ ಬಾಪಲ್ ಕೊಡುಕುಂಡೆ. ದಯವಿಟ್ಟು ಸಂಪರ್ಕಿಸಿ: 01454 868009.

Bu broşür, South Gloucestershire'da bulunan mali, barınma, yiyecek ve diğer destekler hakkında bilgi sağlamaktadır. Eğer bu bilgileri farklı bir format halinde isterseniz, örneğin: Braille, ses formatı, büyük baskı, bilgisayar dosyası veya İngilizce dışında bir dil için, lütfen Tel: 01454 868009 ile iletişime geçiniz.

یہ کتابچہ مالی امور، ہاؤسنگ، غذا اور South Gloucestershire میں دستیاب معاونت کی دیگر شکلوں کے بارے میں معلومات فراہم کرتا ہے۔ اگر آپ یہ معلومات کسی مختلف شکل میں چاہتے ہیں، مثال کے طور پر: بڑے، آڈیو فارمیٹ، بڑے پرنٹ، کمپیوٹر فائل یا انگریزی کے علاوہ کسی اور زبان میں تو برائے مہربانی درج ذیل پر سبلی فون کے ذریعہ رابطہ کریں: 01454 868009۔