



Dear King's Oak Academy Lower School parents/carers,

We are thrilled to welcome you back this term and looking forward to new learning, new experiences and celebrations to come!

Kind regards,  
Miss Cerepanova

## Gem Power and Value of the Term

**Gem Power of the Term:** Topaz Power

**Value of the Term:** Democracy & Individual Liberty

This term we will be learning about the Topaz Gem Power. This gem helps us think about the ability to communicate clearly, show curiosity, share ideas and listen to the ideas of others.



Our termly value is 'Democracy and Individual Liberty', which is a Modern British Value.

## Important Upcoming Dates:

Date	Event
Wednesday 26 April	YR-Y6 Sports for Champions & YR - Welly Walk
Friday 28 April 8.30am-8.50am	Lower School Open Door Day
Monday 1 May	Bank Holiday
Monday 3 May	YR-Y6 Class Photos
Monday 8 May	Bank Holiday
Wednesday 10 May	YR - Welly Walk
Wednesday 24 May	YR - Welly Walk
Friday 26 May	Last Day of Term 5

## Term 5 Open Door Day

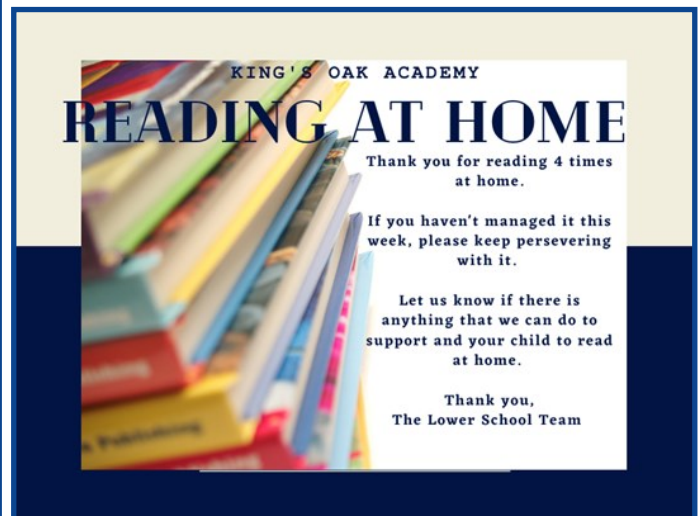
Open Door Day is back!

**When?** Friday 28 April at 8.30am - 8.50am

**What?** This will be an exciting opportunity for you to visit your child's classroom from 8.30 – 8.50 to look at your child's recent learning and explore it alongside them. You can visit more than one classroom during that slot. Please sign in upon arrival and sign out using the classroom signing out sheet.

**How?** Please enter via the gate as usual. Classroom doors will open at 8.30 and you will be invited to come in. Please then exit via the school office by 8.50.

## Reading at Home

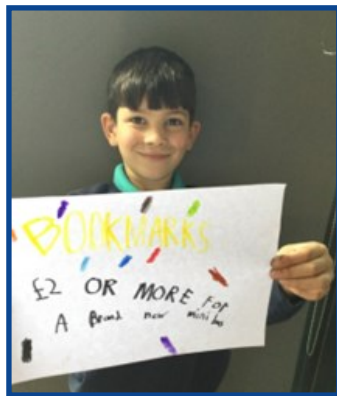
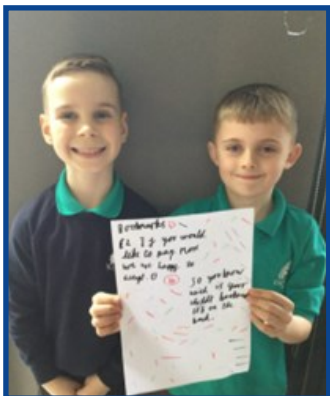


## Enterprise and Employability Skills

Lower School children and staff were so excited to hold our first ever all-through Enterprise Week. Throughout the week, to raise children's awareness and understanding of the world of work and business enterprise there was a variety of activities that children across the Lower School participated in. We learned about different careers and roles in the world of work and talked about aspirations, dreams and goals.

Children then had an opportunity to collaborate in their classes to design and market a product or an activity that was available for sale after school. We have sold wooden heart decorations, bookmarks, Rice Krispie treats, preowned books and pre-loved teddies. The children have immensely enjoyed promoting their stalls to their friends and adults!

Across the Lower School, we recorded our Enterprise Week ideas, learning and discussions in our I am a Citizen class floorbooks!



## Sports for Champions

6 days!

Don't forget to sponsor your child to take part in the Sports for Champions Olympic event on Wednesday 26 April! As little as £1 per child will help us reach our target of £1000.

You can donate via this crowdfunding page <https://www.crowdfunder.co.uk/p/kingsoak>

## Bears v Chiefs

As a celebration of your child's participation in a Bristol Bears Community Foundation programme, it is our pleasure to offer a 50% discount on tickets to come and watch Bristol Bears Women play at Shaftesbury Park.

Fixture - Bristol Bears Women v Exeter Chiefs

Date - Sunday, April 23rd 2023

Kick-Off Time - 3pm

Venue - Shaftesbury Park, Frenchay Park Road, Bristol, BS16 1LG

*Discounted Match Ticket Prices:*

Adult = £4

U19 = £2.50

U12 = £2

Please use the following code to claim your discount on match tickets: **COMCLUB50**

## BOOK TICKETS HERE



## Dogs Trust workshop and Assemblies



You can explore further resources on their website below:

<https://www.learnwithdogstrust.org.uk/kids-space/>

[www.dogstrust.org.uk/dog-advice/life-with-your-dog/at-home/dogs-and-children-living-safely-together](http://www.dogstrust.org.uk/dog-advice/life-with-your-dog/at-home/dogs-and-children-living-safely-together)

This week, we were lucky enough to have visits from a representative from Dogs Trust. We had a special assembly and workshops delivered across the school to promote and harness safe, loving relationships between children and the dogs they share their lives and social settings with.

Children learned about adopting safe and kind behaviours towards dogs, used role play to learn five safety rules about their own behaviour to ensure the dogs in their lives are relaxed and happy, and explored different scenarios through games and discussion.



## Dogs on School Premises

A reminder to all families that dogs are not allowed on school site, therefore, please can we ask you not to bring dogs into the playground at drop off and pick up, whether it is on a lead or being carried. There will be a sign on the KS1 and KS2 fences where you can safely tie your dog's lead whilst you are on site to drop off and/or collect.

Many thanks with your support with this.

## Lowe School Clubs

### Sporting Chance Clubs

Lower School	Year Group	Activity	Location	Time	Staff
Monday	1-2	Superstar Multisports	KS2 playground	3:00 – 4:00	Sporting Chance After School Clubs
Tuesday	3-4	Football	KS2 playground	3:10 – 4:10	
Wednesday	1-2	Football	KS2 playground	3:00 – 4:00	
Thursday	3-4	Dodgeball	KS2 playground	3:10 – 4:10	
Friday	1-3	Gymnastics	LS Hall	3:00 – 4:00	

### Other Clubs

Lower School	Year Group	Activity	Location	Time	Staff
Monday	2-4	Choir	LS site	3.00 – 4.00	Miss Palmer-Turk
Wednesday	R-6	Drama	The Hex, US	3.10 – 4.10	The Sports Project
Daily	R-7	After-school club (Teddy Bears)	LS site		Teddy Bears provision team

### Follow KOA on Social Media



Twitter:  
@kingsoakacademy






Facebook:  
<https://w.facebook.com/kingsoakacademy/>



Instagram:  
@kingsoakacademy

# Active April 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>3 Listen to your body and be grateful for what it can do</p>	 <p>4 Eat healthy and natural food today and drink lots of water</p>	 <p>5 Turn a regular activity into a playful game today</p>	 <p>6 Do a body-scan meditation and really notice how your body feels</p>	 <p>7 Get natural light early in the day. Dim the lights in the evening</p>	<p>1 Commit to being more active this month, starting today</p>	<p>2 Spend as much time as possible outdoors today</p>
<p>10 Have a day with less screen time and more movement</p>	<p>11 Set yourself an exercise goal or sign up to an activity challenge</p>	<p>12 Move as much as possible, even if you're stuck inside</p>	<p>13 Make sleep a priority and go to bed in good time</p>	<p>14 Relax your body &amp; mind with yoga, tai chi or meditation</p>	<p>15 Get active by singing today (even if you think you can't sing!)</p>	<p>16 Go exploring around your local area and notice new things</p>
<p>17 Be active outside. Dig up weeds or plant some seeds</p>	<p>18 Try a new online exercise, activity or dance class</p>	<p>19 Spend less time sitting today. Get up and move more often</p>	<p>20 Focus on 'eating a rainbow' of multi-coloured vegetables today</p>	<p>21 Regularly pause to stretch and breathe during the day</p>	<p>22 Enjoy moving to your favourite music. Really go for it</p>	<p>23 Go out and do an errand for a loved one or neighbour</p>
<p>24 Get active in nature. Feed the birds or go wildlife-spotting</p>	<p>25 Have a 'no screens' night and take time to recharge yourself</p>	<p>26 Take an extra break in your day and walk outside for 15 minutes</p>	<p>27 Find a fun exercise to do while waiting for the kettle to boil</p>	<p>28 Meet a friend outside for a walk and a chat</p>	<p>29 Become an activist for a cause you really believe in</p>	<p>30 Make time to run, swim, dance, cycle or stretch today</p>

**ACTION FOR HAPPINESS**

**Happier · Kinder · Together**

